

Hell Gate, Wards Island, NY - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:22	5.8	5:17	5.9	11:37	1.3	11:58	2.2	5:27	8:31	
2	Mon	5:03	5.6	5:57	5.9			12:27	1.4	5:28	8:30	
3	Tue	5:46	5.5	6:39	6.1	1:02	2.2	1:19	1.4	5:28	8:30	
4	Wed	6:35	5.4	7:26	6.3	2:03	1.9	2:10	1.3	5:29	8:30	
5	Thu	7:35	5.4	8:19	6.7	2:58	1.5	3:01	1.1	5:29	8:30	
6	Fri	8:39	5.6	9:11	7.1	3:50	1.0	3:50	0.8	5:30	8:30	
7	Sat	9:37	5.8	9:59	7.6	4:41	0.5	4:40	0.5	5:31	8:29	
8	Sun	10:28	6.2	10:47	7.9	5:32	-0.1	5:32	0.1	5:31	8:29	
9	Mon	11:17	6.5	11:35	8.2	6:23	-0.5	6:25	-0.1	5:32	8:29	
10	Tue			12:08	6.7	7:13	-0.9	7:19	-0.4	5:33	8:28	
11	Wed	12:25	8.2	1:02	6.9	8:01	-1.2	8:11	-0.4	5:33	8:28	
12	Thu	1:19	8.1	2:00	7.0	8:49	-1.2	9:03	-0.3	5:34	8:27	
13	Fri	2:17	7.8	3:00	7.1	9:38	-1.1	9:57	0.0	5:35	8:27	
14	Sat	3:17	7.5	4:00	7.1	10:29	-0.8	10:57	0.4	5:35	8:26	
15	Sun	4:16	7.2	4:56	7.1	11:25	-0.4			5:36	8:26	
16	Mon	5:13	6.8	5:51	7.1	12:03	0.7	12:24	-0.1	5:37	8:25	
17	Tue	6:09	6.5	6:46	7.1	1:09	0.8	1:24	0.2	5:38	8:25	
18	Wed	7:08	6.2	7:44	7.0	2:12	0.8	2:21	0.4	5:39	8:24	
19	Thu	8:10	6.0	8:42	7.0	3:10	0.7	3:14	0.5	5:40	8:23	
20	Fri	9:09	6.0	9:34	7.1	4:04	0.5	4:05	0.6	5:40	8:23	
21	Sat	10:02	6.1	10:21	7.2	4:54	0.4	4:53	0.6	5:41	8:22	
22	Sun	10:49	6.2	11:03	7.3	5:41	0.2	5:39	0.7	5:42	8:21	
23	Mon	11:33	6.2	11:43	7.2	6:27	0.1	6:25	0.7	5:43	8:20	
24	Tue			12:16	6.3	7:09	0.1	7:08	0.8	5:44	8:19	
25	Wed	12:22	7.1	12:59	6.3	7:49	0.1	7:49	0.9	5:45	8:19	
26	Thu	1:01	6.9	1:42	6.2	8:27	0.2	8:28	1.1	5:46	8:18	
27	Fri	1:39	6.7	2:26	6.1	9:02	0.4	9:04	1.3	5:47	8:17	
28	Sat	2:17	6.4	3:09	6.1	9:36	0.7	9:41	1.6	5:47	8:16	
29	Sun	2:54	6.1	3:50	6.0	10:08	1.0	10:20	1.8	5:48	8:15	
30	Mon	3:33	5.9	4:29	6.0	10:41	1.2	11:07	2.1	5:49	8:14	
31	Tue	4:15	5.7	5:07	6.1	11:21	1.4			5:50	8:13	