

































Hell Gate, Wards Island, NY - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:24	5.5	1:34	6.3	8:22	0.1	9:00	-0.5	7:19	4:38	
2	Tue	2:15	5.6	2:28	6.1	9:11	0.3	9:44	-0.4	7:20	4:39	
3	Wed	3:08	5.8	3:24	5.8	10:12	0.5	10:38	-0.2	7:20	4:40	
4	Thu	4:03	6.0	4:22	5.5	11:28	0.6	11:40	-0.1	7:20	4:41	
5	Fri	4:59	6.2	5:24	5.3			12:42	0.5	7:20	4:42	
6	Sat	6:01	6.3	6:33	5.2	12:46	-0.2	1:48	0.2	7:19	4:43	
7	Sun	7:09	6.5	7:45	5.2	1:48	-0.3	2:49	-0.2	7:19	4:44	
8	Mon	8:15	6.8	8:49	5.5	2:48	-0.5	3:46	-0.7	7:19	4:45	
9	Tue	9:13	7.0	9:45	5.8	3:45	-0.7	4:40	-1.0	7:19	4:46	
10	Wed	10:05	7.2	10:37	6.0	4:40	-0.9	5:32	-1.3	7:19	4:47	
11	Thu	10:53	7.2	11:27	6.0	5:33	-0.9	6:21	-1.5	7:19	4:48	
12	Fri	11:41	7.0			6:23	-0.9	7:06	-1.5	7:18	4:49	
13	Sat	12:16	6.0	12:28	6.7	7:10	-0.7	7:49	-1.3	7:18	4:50	
14	Sun	1:05	5.9	1:15	6.4	7:54	-0.4	8:30	-0.9	7:18	4:51	
15	Mon	1:54	5.8	2:03	5.9	8:38	0.0	9:10	-0.4	7:17	4:52	
16	Tue	2:42	5.7	2:50	5.5	9:23	0.5	9:51	0.1	7:17	4:53	
17	Wed	3:28	5.6	3:36	5.1	10:14	0.9	10:36	0.6	7:16	4:54	
18	Thu	4:12	5.4	4:22	4.7	11:13	1.2	11:26	0.9	7:16	4:55	
19	Fri	4:57	5.3	5:10	4.4			12:16	1.4	7:15	4:57	
20	Sat	5:45	5.3	6:06	4.2	12:21	1.1	1:17	1.3	7:15	4:58	
21	Sun	6:40	5.3	7:10	4.2	1:16	1.2	2:11	1.1	7:14	4:59	
22	Mon	7:39	5.5	8:11	4.3	2:08	1.0	3:02	0.7	7:13	5:00	
23	Tue	8:31	5.8	9:01	4.6	2:58	0.8	3:49	0.3	7:13	5:01	
24	Wed	9:16	6.1	9:43	4.9	3:45	0.5	4:34	-0.1	7:12	5:03	
25	Thu	9:55	6.4	10:22	5.2	4:31	0.2	5:18	-0.5	7:11	5:04	
26	Fri	10:33	6.6	10:59	5.5	5:17	-0.2	6:00	-0.9	7:11	5:05	
27	Sat	11:10	6.8	11:36	5.7	6:02	-0.5	6:40	-1.2	7:10	5:06	
28	Sun	11:49	6.8			6:45	-0.7	7:18	-1.3	7:09	5:07	
29	Mon	12:16	5.9	12:32	6.6	7:28	-0.8	7:56	-1.3	7:08	5:09	
30	Tue	1:00	6.1	1:19	6.3	8:12	-0.7	8:35	-1.2	7:07	5:10	
31	Wed	1:50	6.2	2:12	6.0	9:01	-0.4	9:17	-0.9	7:06	5:11	