

































Hell Gate, Wards Island, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:26	6.9	1:59	6.0	8:50	-0.8	8:56	-0.9	6:29	5:46	
2	Fri	2:22	6.8	2:59	5.7	9:47	-0.3	9:49	-0.3	6:28	5:47	
3	Sat	3:22	6.5	4:01	5.3	10:55	0.2	10:56	0.2	6:26	5:48	
4	Sun	4:25	6.2	5:05	5.1			12:08	0.4	6:24	5:49	
5	Mon	5:31	6.0	6:14	5.1	12:12	0.5	1:17	0.3	6:23	5:51	
6	Tue	6:44	5.9	7:25	5.2	1:23	0.5	2:19	0.1	6:21	5:52	
7	Wed	7:54	6.0	8:28	5.6	2:26	0.3	3:13	-0.2	6:20	5:53	
8	Thu	8:51	6.3	9:19	6.0	3:21	0.0	4:02	-0.5	6:18	5:54	
9	Fri	9:38	6.4	10:03	6.3	4:13	-0.2	4:48	-0.7	6:16	5:55	
10	Sat	10:20	6.5	10:43	6.5	5:00	-0.5	5:31	-0.8	6:15	5:56	
11	Sun	10:59	6.5	11:22	6.6	5:45	-0.6	6:10	-0.8	6:13	5:57	
12	Mon	11:37	6.3	11:59	6.6	6:27	-0.6	6:47	-0.6	6:12	5:58	
13	Tue			12:15	6.0	7:06	-0.5	7:20	-0.3	6:10	5:59	
14	Wed	12:35	6.4	12:53	5.7	7:43	-0.2	7:51	0.1	6:08	6:00	
15	Thu	1:12	6.2	1:33	5.3	8:19	0.2	8:19	0.5	6:07	6:02	
16	Fri	1:49	6.0	2:15	5.0	8:55	0.6	8:45	1.0	6:05	6:03	
17	Sat	2:29	5.7	3:01	4.7	9:35	1.0	9:14	1.4	6:03	6:04	
18	Sun	3:12	5.5	3:49	4.5	10:29	1.4	9:56	1.7	6:02	6:05	
19	Mon	3:59	5.3	4:41	4.4	11:41	1.6	11:19	2.0	6:00	6:06	
20	Tue	4:52	5.3	5:40	4.4			12:50	1.5	5:58	6:07	
21	Wed	5:56	5.4	6:46	4.6	12:50	1.9	1:48	1.1	5:57	6:08	
22	Thu	7:05	5.6	7:47	5.1	1:54	1.4	2:38	0.7	5:55	6:09	
23	Fri	8:06	6.0	8:37	5.7	2:49	0.9	3:25	0.1	5:53	6:10	
24	Sat	8:56	6.4	9:20	6.4	3:40	0.2	4:09	-0.4	5:52	6:11	
25	Sun	9:41	6.8	10:01	7.0	4:31	-0.4	4:53	-0.9	5:50	6:12	
26	Mon	10:24	6.9	10:42	7.4	5:21	-1.0	5:38	-1.2	5:48	6:13	
27	Tue	11:09	6.9	11:26	7.7	6:10	-1.3	6:22	-1.3	5:47	6:14	
28	Wed	11:57	6.8			6:59	-1.4	7:06	-1.3	5:45	6:15	
29	Thu	12:14	7.7	12:50	6.5	7:48	-1.3	7:51	-1.0	5:43	6:16	
30	Fri	1:07	7.5	1:49	6.1	8:38	-0.9	8:40	-0.5	5:42	6:18	
31	Sat	2:06	7.1	2:52	5.8	9:35	-0.4	9:36	0.1	5:40	6:19	