






























Hell Gate, Wards Island, NY - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:00	6.5	5:45	6.0			12:27	0.3	5:53	7:51	
2	Wed	5:58	6.2	6:42	6.0	12:41	1.3	1:29	0.5	5:52	7:52	
3	Thu	6:57	5.9	7:40	6.1	1:48	1.3	2:25	0.5	5:51	7:53	
4	Fri	7:57	5.8	8:35	6.3	2:47	1.2	3:15	0.5	5:50	7:54	
5	Sat	8:53	5.7	9:23	6.6	3:40	1.0	3:59	0.5	5:48	7:55	
6	Sun	9:43	5.8	10:05	6.8	4:28	0.7	4:40	0.5	5:47	7:56	
7	Mon	10:26	5.8	10:44	7.0	5:13	0.5	5:20	0.5	5:46	7:57	
8	Tue	11:06	5.8	11:20	7.1	5:56	0.3	5:59	0.6	5:45	7:58	
9	Wed	11:44	5.7	11:54	7.1	6:39	0.2	6:38	0.7	5:44	7:59	
10	Thu			12:22	5.6	7:19	0.2	7:15	0.9	5:43	8:00	
11	Fri	12:28	6.9	1:01	5.5	7:58	0.2	7:51	1.1	5:42	8:01	
12	Sat	1:00	6.7	1:41	5.3	8:36	0.4	8:25	1.3	5:41	8:02	
13	Sun	1:33	6.5	2:24	5.2	9:12	0.6	8:57	1.5	5:40	8:03	
14	Mon	2:09	6.3	3:11	5.1	9:49	0.8	9:30	1.8	5:39	8:04	
15	Tue	2:53	6.2	3:58	5.1	10:30	1.0	10:12	1.9	5:38	8:05	
16	Wed	3:45	6.1	4:45	5.3	11:19	1.1	11:11	2.1	5:37	8:06	
17	Thu	4:39	6.0	5:32	5.5			12:17	1.1	5:36	8:07	
18	Fri	5:35	6.0	6:21	5.9	12:35	2.0	1:16	0.9	5:35	8:08	
19	Sat	6:34	6.0	7:17	6.4	1:50	1.6	2:11	0.6	5:34	8:09	
20	Sun	7:39	6.0	8:17	7.0	2:54	1.0	3:04	0.3	5:33	8:10	
21	Mon	8:45	6.2	9:14	7.5	3:51	0.4	3:55	-0.1	5:33	8:11	
22	Tue	9:45	6.4	10:06	8.0	4:47	-0.2	4:46	-0.4	5:32	8:12	
23	Wed	10:40	6.5	10:57	8.3	5:42	-0.6	5:40	-0.6	5:31	8:13	
24	Thu	11:33	6.6	11:48	8.3	6:36	-1.0	6:34	-0.6	5:30	8:14	
25	Fri			12:29	6.6	7:29	-1.1	7:28	-0.5	5:30	8:14	
26	Sat	12:42	8.1	1:27	6.5	8:21	-1.1	8:21	-0.3	5:29	8:15	
27	Sun	1:39	7.8	2:29	6.4	9:12	-0.9	9:14	0.1	5:28	8:16	
28	Mon	2:40	7.4	3:30	6.4	10:04	-0.5	10:09	0.6	5:28	8:17	
29	Tue	3:41	7.0	4:29	6.3	10:59	-0.1	11:09	1.1	5:27	8:18	
30	Wed	4:38	6.6	5:23	6.3	11:57	0.2			5:27	8:19	
31	Thu	5:31	6.2	6:14	6.3	12:15	1.5	12:54	0.5	5:26	8:19	