
































## Hell Gate, Wards Island, NY - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:23	5.9	7:04	6.3	1:19	1.6	1:47	0.7	5:26	8:20	
2	Sat	7:17	5.6	7:56	6.4	2:18	1.5	2:35	0.9	5:25	8:21	
3	Sun	8:13	5.4	8:46	6.6	3:11	1.3	3:20	1.0	5:25	8:22	
4	Mon	9:07	5.3	9:31	6.8	4:00	1.1	4:02	1.0	5:25	8:22	
5	Tue	9:55	5.4	10:13	6.9	4:45	0.9	4:43	1.1	5:24	8:23	
6	Wed	10:39	5.5	10:51	7.0	5:30	0.7	5:25	1.1	5:24	8:24	
7	Thu	11:20	5.5	11:28	7.1	6:13	0.5	6:07	1.1	5:24	8:24	
8	Fri			12:00	5.5	6:56	0.4	6:48	1.2	5:24	8:25	
9	Sat	12:03	7.0	12:40	5.5	7:37	0.3	7:29	1.2	5:23	8:25	
10	Sun	12:37	6.9	1:20	5.4	8:16	0.3	8:06	1.3	5:23	8:26	
11	Mon	1:11	6.8	2:02	5.4	8:53	0.4	8:43	1.4	5:23	8:26	
12	Tue	1:49	6.6	2:45	5.4	9:29	0.4	9:19	1.5	5:23	8:27	
13	Wed	2:31	6.5	3:30	5.6	10:06	0.5	10:02	1.7	5:23	8:27	
14	Thu	3:21	6.4	4:15	5.8	10:47	0.6	10:57	1.7	5:23	8:28	
15	Fri	4:14	6.2	5:02	6.2	11:36	0.7			5:23	8:28	
16	Sat	5:08	6.1	5:50	6.5	12:10	1.7	12:32	0.6	5:23	8:29	
17	Sun	6:04	6.0	6:44	6.9	1:24	1.5	1:31	0.5	5:23	8:29	
18	Mon	7:08	5.9	7:45	7.3	2:31	1.1	2:29	0.3	5:23	8:29	
19	Tue	8:18	5.9	8:49	7.6	3:32	0.6	3:27	0.1	5:23	8:30	
20	Wed	9:25	6.1	9:48	7.9	4:29	0.1	4:24	-0.1	5:24	8:30	
21	Thu	10:24	6.3	10:43	8.2	5:25	-0.4	5:21	-0.2	5:24	8:30	
22	Fri	11:20	6.5	11:36	8.2	6:21	-0.7	6:18	-0.3	5:24	8:30	
23	Sat			12:16	6.6	7:14	-0.9	7:14	-0.3	5:24	8:30	
24	Sun	12:29	8.0	1:13	6.6	8:05	-1.0	8:07	-0.1	5:25	8:31	
25	Mon	1:24	7.7	2:10	6.6	8:53	-0.9	8:57	0.2	5:25	8:31	
26	Tue	2:20	7.4	3:07	6.6	9:41	-0.6	9:48	0.6	5:25	8:31	
27	Wed	3:16	7.0	4:02	6.5	10:29	-0.2	10:42	1.1	5:26	8:31	
28	Thu	4:09	6.5	4:52	6.5	11:19	0.3	11:41	1.5	5:26	8:31	
29	Fri	4:59	6.1	5:39	6.5			12:10	0.7	5:26	8:31	
30	Sat	5:47	5.7	6:25	6.4	12:43	1.8	1:02	1.1	5:27	8:31	