

































## Hell Gate, Wards Island, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:36	5.4	7:13	6.4	1:42	1.8	1:51	1.3	5:27	8:31	
2	Mon	7:30	5.1	8:04	6.5	2:38	1.7	2:39	1.5	5:28	8:30	
3	Tue	8:29	5.0	8:56	6.6	3:29	1.5	3:25	1.5	5:28	8:30	
4	Wed	9:24	5.1	9:43	6.7	4:16	1.3	4:09	1.5	5:29	8:30	
5	Thu	10:12	5.2	10:25	6.9	5:02	1.0	4:54	1.4	5:30	8:30	
6	Fri	10:56	5.4	11:04	7.0	5:47	0.8	5:39	1.3	5:30	8:30	
7	Sat	11:37	5.5	11:41	7.1	6:30	0.5	6:23	1.2	5:31	8:29	
8	Sun			12:16	5.6	7:12	0.3	7:07	1.1	5:31	8:29	
9	Mon	12:16	7.1	12:54	5.7	7:51	0.2	7:48	1.1	5:32	8:29	
10	Tue	12:51	7.0	1:32	5.8	8:28	0.1	8:27	1.1	5:33	8:28	
11	Wed	1:29	6.9	2:13	6.0	9:04	0.1	9:07	1.1	5:34	8:28	
12	Thu	2:11	6.8	2:57	6.2	9:39	0.1	9:50	1.2	5:34	8:27	
13	Fri	2:59	6.6	3:44	6.4	10:17	0.2	10:43	1.3	5:35	8:27	
14	Sat	3:52	6.3	4:33	6.7	11:01	0.4	11:50	1.5	5:36	8:26	
15	Sun	4:47	6.1	5:25	7.0	11:56	0.5			5:37	8:26	
16	Mon	5:45	5.9	6:20	7.1	1:04	1.4	1:00	0.6	5:37	8:25	
17	Tue	6:49	5.7	7:24	7.3	2:13	1.1	2:06	0.6	5:38	8:24	
18	Wed	8:01	5.7	8:33	7.5	3:16	0.8	3:09	0.4	5:39	8:24	
19	Thu	9:12	5.9	9:37	7.7	4:15	0.3	4:10	0.3	5:40	8:23	
20	Fri	10:14	6.3	10:33	7.9	5:10	-0.1	5:08	0.1	5:41	8:22	
21	Sat	11:09	6.6	11:25	8.0	6:04	-0.5	6:04	0.0	5:42	8:22	
22	Sun			12:02	6.8	6:56	-0.7	6:59	-0.1	5:42	8:21	
23	Mon	12:15	7.9	12:53	6.9	7:44	-0.8	7:49	0.0	5:43	8:20	
24	Tue	1:05	7.6	1:45	6.9	8:29	-0.7	8:37	0.3	5:44	8:19	
25	Wed	1:54	7.3	2:36	6.8	9:12	-0.5	9:24	0.6	5:45	8:18	
26	Thu	2:44	6.8	3:26	6.7	9:53	0.0	10:11	1.1	5:46	8:17	
27	Fri	3:34	6.4	4:14	6.6	10:36	0.6	11:03	1.6	5:47	8:16	
28	Sat	4:23	5.9	4:59	6.5	11:20	1.1			5:48	8:15	
29	Sun	5:10	5.6	5:44	6.4	12:00	1.9	12:09	1.6	5:49	8:14	
30	Mon	5:58	5.2	6:30	6.3	1:02	2.1	1:02	1.9	5:50	8:13	
31	Tue	6:50	5.0	7:22	6.3	2:01	2.1	1:56	2.0	5:51	8:12	