
























## Hell Gate, Wards Island, NY - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:09	5.1	3:56	5.0	10:49	1.5	11:24	0.9	7:19	4:38	
2	Thu	4:51	5.2	4:42	4.9			12:00	1.5	7:20	4:39	
3	Fri	5:35	5.4	5:36	4.8	12:21	0.8	1:05	1.2	7:20	4:40	
4	Sat	6:28	5.6	6:42	4.9	1:17	0.6	2:03	0.7	7:20	4:41	
5	Sun	7:26	6.0	7:49	5.1	2:10	0.3	2:56	0.2	7:20	4:42	
6	Mon	8:21	6.5	8:46	5.5	3:01	-0.1	3:48	-0.4	7:19	4:43	
7	Tue	9:11	7.1	9:36	5.8	3:52	-0.6	4:39	-1.0	7:19	4:44	
8	Wed	9:58	7.5	10:25	6.1	4:44	-1.0	5:30	-1.5	7:19	4:45	
9	Thu	10:47	7.7	11:16	6.4	5:36	-1.4	6:20	-1.9	7:19	4:46	
10	Fri	11:37	7.7			6:28	-1.6	7:08	-2.1	7:19	4:47	
11	Sat	12:09	6.5	12:31	7.5	7:19	-1.6	7:55	-2.1	7:19	4:48	
12	Sun	1:06	6.5	1:28	7.2	8:10	-1.4	8:44	-1.9	7:18	4:49	
13	Mon	2:05	6.5	2:27	6.8	9:05	-1.0	9:36	-1.5	7:18	4:50	
14	Tue	3:05	6.4	3:25	6.4	10:05	-0.5	10:33	-1.0	7:18	4:51	
15	Wed	4:02	6.3	4:22	6.0	11:11	-0.1	11:33	-0.6	7:17	4:52	
16	Thu	4:57	6.2	5:19	5.6			12:18	0.1	7:17	4:54	
17	Fri	5:55	6.0	6:19	5.3	12:34	-0.4	1:22	0.1	7:16	4:55	
18	Sat	6:55	6.0	7:22	5.2	1:32	-0.2	2:20	0.0	7:16	4:56	
19	Sun	7:54	6.0	8:21	5.2	2:25	-0.2	3:12	-0.2	7:15	4:57	
20	Mon	8:46	6.2	9:11	5.4	3:15	-0.2	4:01	-0.4	7:15	4:58	
21	Tue	9:32	6.3	9:56	5.5	4:02	-0.2	4:48	-0.5	7:14	4:59	
22	Wed	10:13	6.4	10:38	5.6	4:48	-0.3	5:31	-0.7	7:13	5:01	
23	Thu	10:51	6.4	11:19	5.7	5:31	-0.3	6:12	-0.7	7:13	5:02	
24	Fri	11:28	6.3	11:59	5.6	6:13	-0.3	6:51	-0.7	7:12	5:03	
25	Sat			12:04	6.2	6:52	-0.3	7:27	-0.6	7:11	5:04	
26	Sun	12:39	5.5	12:39	5.9	7:28	-0.1	8:00	-0.4	7:10	5:05	
27	Mon	1:19	5.4	1:13	5.7	8:03	0.1	8:32	-0.2	7:09	5:07	
28	Tue	1:58	5.3	1:46	5.4	8:36	0.4	9:01	0.1	7:09	5:08	
29	Wed	2:35	5.2	2:23	5.2	9:11	0.7	9:31	0.4	7:08	5:09	
30	Thu	3:13	5.2	3:06	5.0	9:55	1.0	10:10	0.6	7:07	5:10	
31	Fri	3:53	5.3	3:55	4.9	11:02	1.1	11:10	0.7	7:06	5:12	