

































Hell Gate, Wards Island, NY - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:42	5.4	8:15	4.8	2:17	1.2	2:58	0.7	6:28	5:47	
2	Thu	8:35	5.7	9:03	5.1	3:06	0.9	3:44	0.3	6:27	5:48	
3	Fri	9:19	6.0	9:43	5.4	3:52	0.5	4:27	0.0	6:25	5:49	
4	Sat	9:57	6.3	10:20	5.7	4:36	0.2	5:09	-0.4	6:24	5:50	
5	Sun	10:33	6.5	10:53	6.0	5:20	-0.2	5:49	-0.7	6:22	5:51	
6	Mon	11:08	6.6	11:26	6.2	6:02	-0.4	6:27	-0.9	6:20	5:52	
7	Tue	11:43	6.6			6:43	-0.6	7:04	-0.9	6:19	5:53	
8	Wed	12:00	6.4	12:22	6.5	7:23	-0.7	7:40	-0.9	6:17	5:55	
9	Thu	12:38	6.5	1:05	6.2	8:04	-0.6	8:16	-0.7	6:16	5:56	
10	Fri	1:22	6.5	1:56	6.0	8:48	-0.4	8:56	-0.4	6:14	5:57	
11	Sat	2:14	6.5	2:53	5.7	9:42	0.0	9:45	-0.1	6:12	5:58	
12	Sun	3:12	6.4	3:54	5.5	10:50	0.3	10:52	0.3	6:11	5:59	
13	Mon	4:14	6.3	4:58	5.4			12:05	0.4	6:09	6:00	
14	Tue	5:20	6.3	6:07	5.4	12:10	0.4	1:14	0.3	6:07	6:01	
15	Wed	6:33	6.3	7:20	5.6	1:22	0.3	2:16	-0.1	6:06	6:02	
16	Thu	7:46	6.4	8:24	6.0	2:26	-0.1	3:12	-0.5	6:04	6:03	
17	Fri	8:48	6.7	9:19	6.5	3:24	-0.5	4:05	-0.9	6:02	6:04	
18	Sat	9:40	7.0	10:07	6.8	4:18	-0.8	4:54	-1.2	6:01	6:05	
19	Sun	10:26	7.1	10:53	7.0	5:09	-1.0	5:41	-1.4	5:59	6:06	
20	Mon	11:11	7.0	11:37	7.1	5:58	-1.2	6:26	-1.3	5:57	6:08	
21	Tue	11:55	6.8			6:44	-1.1	7:07	-1.1	5:56	6:09	
22	Wed	12:20	6.9	12:40	6.5	7:27	-0.9	7:46	-0.6	5:54	6:10	
23	Thu	1:03	6.7	1:26	6.0	8:09	-0.5	8:23	-0.1	5:52	6:11	
24	Fri	1:48	6.4	2:14	5.6	8:51	0.0	9:00	0.5	5:51	6:12	
25	Sat	2:34	6.1	3:03	5.3	9:35	0.6	9:40	1.1	5:49	6:13	
26	Sun	3:20	5.8	3:53	5.0	10:28	1.1	10:29	1.6	5:47	6:14	
27	Mon	4:08	5.6	4:43	4.8	11:29	1.4	11:35	1.9	5:46	6:15	
28	Tue	4:58	5.4	5:37	4.7			12:32	1.5	5:44	6:16	
29	Wed	5:53	5.3	6:37	4.7	12:42	2.0	1:29	1.3	5:43	6:17	
30	Thu	6:55	5.4	7:37	5.0	1:42	1.7	2:20	1.0	5:41	6:18	
31	Fri	7:54	5.6	8:27	5.4	2:34	1.4	3:06	0.7	5:39	6:19	