













Hell Gate, Wards Island, NY - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:41	5.9	5:01	6.7	11:41	1.5			6:25	4:52	
2	Sun	5:42	5.9	6:02	6.5	12:30	0.8	12:50	1.5	6:27	4:51	
3	Mon	6:44	6.0	7:02	6.4	1:29	0.7	1:51	1.3	6:28	4:50	
4	Tue	7:42	6.2	7:58	6.4	2:19	0.5	2:44	1.1	6:29	4:49	
5	Wed	8:31	6.5	8:46	6.4	3:05	0.4	3:32	0.8	6:30	4:47	
6	Thu	9:12	6.8	9:28	6.4	3:46	0.3	4:17	0.6	6:31	4:46	
7	Fri	9:49	7.0	10:07	6.3	4:25	0.3	5:00	0.4	6:32	4:45	
8	Sat	10:24	7.1	10:45	6.2	5:03	0.3	5:42	0.4	6:34	4:44	
9	Sun	10:57	7.1	11:22	6.0	5:40	0.4	6:23	0.4	6:35	4:43	
10	Mon	11:28	7.0			6:16	0.6	7:01	0.5	6:36	4:42	
11	Tue	12:01	5.7	11:58 AM	6.8	6:50	0.8	7:39	0.7	6:37	4:41	
12	Wed	12:41	5.4	12:28	6.5	7:21	1.1	8:16	0.9	6:38	4:40	
13	Thu	1:26	5.2	1:01	6.3	7:52	1.4	8:54	1.2	6:40	4:39	
14	Fri	2:16	5.0	1:43	6.1	8:25	1.7	9:39	1.4	6:41	4:38	
15	Sat	3:09	4.9	2:37	6.0	9:05	2.0	10:37	1.6	6:42	4:38	
16	Sun	4:00	4.9	3:36	5.9	10:03	2.1	11:42	1.5	6:43	4:37	
17	Mon	4:49	5.1	4:35	5.9	11:30	2.1			6:44	4:36	
18	Tue	5:41	5.5	5:36	6.0	12:40	1.2	12:48	1.7	6:45	4:35	
19	Wed	6:37	5.9	6:42	6.2	1:32	0.7	1:51	1.1	6:47	4:34	
20	Thu	7:33	6.6	7:45	6.4	2:20	0.2	2:47	0.4	6:48	4:34	
21	Fri	8:24	7.2	8:41	6.6	3:07	-0.3	3:41	-0.3	6:49	4:33	
22	Sat	9:12	7.8	9:33	6.8	3:55	-0.7	4:34	-0.8	6:50	4:33	
23	Sun	10:00	8.2	10:23	6.8	4:44	-1.0	5:28	-1.2	6:51	4:32	
24	Mon	10:48	8.4	11:15	6.7	5:34	-1.1	6:21	-1.3	6:52	4:31	
25	Tue	11:39	8.2			6:26	-1.0	7:12	-1.3	6:53	4:31	
26	Wed	12:11	6.4	12:34	7.9	7:17	-0.7	8:04	-1.0	6:55	4:30	
27	Thu	1:13	6.2	1:35	7.5	8:08	-0.3	8:57	-0.6	6:56	4:30	
28	Fri	2:18	5.9	2:38	7.0	9:04	0.3	9:54	-0.2	6:57	4:30	
29	Sat	3:22	5.8	3:39	6.6	10:07	0.9	10:56	0.2	6:58	4:29	
30	Sun	4:21	5.7	4:36	6.3	11:16	1.2	11:58	0.4	6:59	4:29	