US HARBORS www.USHarbors.com

Hell Gate, Wards Island, NY - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:34**	5.1	**7:25**	4.4	**1:13**	1.6	**2:20**	1.2	6:28	5:47	
2	Tue	**7:41**	5.3	**8:22**	4.7	**2:11**	1.4	**3:09**	0.8	6:27	5:48	
3	Wed	**8:34**	5.6	**9:09**	5.0	**3:02**	1.0	**3:54**	0.4	6:25	5:49	
4	Thu	**9:18**	6.0	**9:49**	5.5	**3:50**	0.6	**4:37**	0.0	6:23	5:50	
5	Fri	**9:56**	6.3	**10:25**	5.8	**4:36**	0.1	**5:18**	-0.4	6:22	5:51	
6	Sat	**10:32**	6.6	**11:00**	6.2	**5:21**	-0.3	**5:57**	-0.8	6:20	5:52	
7	Sun	**11:08**	6.7	**11:35**	6.5	**6:05**	-0.7	**6:35**	-1.0	6:19	5:53	
8	Mon	**11:46**	6.6			**6:48**	-0.9	**7:12**	-1.0	6:17	5:55	
9	Tue	**12:14**	6.7	**12:28**	6.4	**7:31**	-0.9	**7:49**	-0.9	6:15	5:56	
10	Wed	**12:57**	6.8	**1:15**	6.1	**8:15**	-0.8	**8:27**	-0.7	6:14	5:57	
11	Thu	**1:46**	6.8	**2:10**	5.8	**9:04**	-0.4	**9:10**	-0.2	6:12	5:58	
12	Fri	**2:41**	6.7	**3:10**	5.4	**10:03**	0.0	**10:06**	0.2	6:11	5:59	
13	Sat	**3:42**	6.5	**4:15**	5.2	**11:15**	0.4	**11:22**	0.6	6:09	6:00	
14	Sun	**4:45**	6.3	**5:23**	5.0			**12:30**	0.5	6:07	6:01	
15	Mon	**5:55**	6.2	**6:37**	5.1	**12:41**	0.7	**1:38**	0.3	6:06	6:02	
16	Tue	**7:10**	6.2	**7:50**	5.4	**1:51**	0.5	**2:38**	0.0	6:04	6:03	
17	Wed	**8:17**	6.4	**8:50**	5.9	**2:52**	0.2	**3:31**	-0.4	6:02	6:04	
18	Thu	**9:11**	6.7	**9:39**	6.3	**3:48**	-0.2	**4:21**	-0.7	6:01	6:05	
19	Fri	**9:58**	6.8	**10:23**	6.6	**4:39**	-0.5	**5:07**	-0.9	5:59	6:07	
20	Sat	**10:42**	6.9	**11:04**	6.8	**5:28**	-0.7	**5:50**	-1.0	5:57	6:08	
21	Sun	**11:23**	6.7	**11:44**	6.8	**6:13**	-0.7	**6:31**	-0.9	5:56	6:09	
22	Mon			**12:04**	6.5	**6:56**	-0.7	**7:08**	-0.6	5:54	6:10	
23	Tue	**12:22**	6.7	**12:46**	6.1	**7:36**	-0.4	**7:42**	-0.2	5:52	6:11	
24	Wed	**1:00**	6.5	**1:30**	5.7	**8:15**	0.0	**8:14**	0.3	5:51	6:12	
25	Thu	**1:39**	6.2	**2:16**	5.3	**8:54**	0.4	**8:44**	0.8	5:49	6:13	
26	Fri	**2:19**	5.9	**3:05**	5.0	**9:36**	1.0	**9:15**	1.3	5:47	6:14	
27	Sat	**3:02**	5.6	**3:54**	4.7	**10:30**	1.4	**9:55**	1.8	5:46	6:15	
28	Sun	**3:49**	5.4	**4:46**	4.5	**11:36**	1.7	**11:05**	2.1	5:44	6:16	
29	Mon	**4:39**	5.2	**5:42**	4.5			**12:43**	1.7	5:42	6:17	
30	Tue	**5:38**	5.2	**6:44**	4.6	**12:30**	2.1	**1:40**	1.5	5:41	6:18	
31	Wed	**6:47**	5.3	**7:44**	5.0	**1:36**	1.9	**2:30**	1.1	5:39	6:19	