
































Hell Gate, Wards Island, NY - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:34	5.1	7:25	4.4	1:13	1.6	2:20	1.2	6:28	5:47	
2	Tue	7:41	5.3	8:22	4.7	2:11	1.4	3:09	0.8	6:27	5:48	
3	Wed	8:34	5.6	9:09	5.0	3:02	1.0	3:54	0.4	6:25	5:49	
4	Thu	9:18	6.0	9:49	5.5	3:50	0.6	4:37	0.0	6:23	5:50	
5	Fri	9:56	6.3	10:25	5.8	4:36	0.1	5:18	-0.4	6:22	5:51	
6	Sat	10:32	6.6	11:00	6.2	5:21	-0.3	5:57	-0.8	6:20	5:52	
7	Sun	11:08	6.7	11:35	6.5	6:05	-0.7	6:35	-1.0	6:19	5:53	
8	Mon	11:46	6.6			6:48	-0.9	7:12	-1.0	6:17	5:55	
9	Tue	12:14	6.7	12:28	6.4	7:31	-0.9	7:49	-0.9	6:15	5:56	
10	Wed	12:57	6.8	1:15	6.1	8:15	-0.8	8:27	-0.7	6:14	5:57	
11	Thu	1:46	6.8	2:10	5.8	9:04	-0.4	9:10	-0.2	6:12	5:58	
12	Fri	2:41	6.7	3:10	5.4	10:03	0.0	10:06	0.2	6:11	5:59	
13	Sat	3:42	6.5	4:15	5.2	11:15	0.4	11:22	0.6	6:09	6:00	
14	Sun	4:45	6.3	5:23	5.0			12:30	0.5	6:07	6:01	
15	Mon	5:55	6.2	6:37	5.1	12:41	0.7	1:38	0.3	6:06	6:02	
16	Tue	7:10	6.2	7:50	5.4	1:51	0.5	2:38	0.0	6:04	6:03	
17	Wed	8:17	6.4	8:50	5.9	2:52	0.2	3:31	-0.4	6:02	6:04	
18	Thu	9:11	6.7	9:39	6.3	3:48	-0.2	4:21	-0.7	6:01	6:05	
19	Fri	9:58	6.8	10:23	6.6	4:39	-0.5	5:07	-0.9	5:59	6:07	
20	Sat	10:42	6.9	11:04	6.8	5:28	-0.7	5:50	-1.0	5:57	6:08	
21	Sun	11:23	6.7	11:44	6.8	6:13	-0.7	6:31	-0.9	5:56	6:09	
22	Mon			12:04	6.5	6:56	-0.7	7:08	-0.6	5:54	6:10	
23	Tue	12:22	6.7	12:46	6.1	7:36	-0.4	7:42	-0.2	5:52	6:11	
24	Wed	1:00	6.5	1:30	5.7	8:15	0.0	8:14	0.3	5:51	6:12	
25	Thu	1:39	6.2	2:16	5.3	8:54	0.4	8:44	0.8	5:49	6:13	
26	Fri	2:19	5.9	3:05	5.0	9:36	1.0	9:15	1.3	5:47	6:14	
27	Sat	3:02	5.6	3:54	4.7	10:30	1.4	9:55	1.8	5:46	6:15	
28	Sun	3:49	5.4	4:46	4.5	11:36	1.7	11:05	2.1	5:44	6:16	
29	Mon	4:39	5.2	5:42	4.5			12:43	1.7	5:42	6:17	
30	Tue	5:38	5.2	6:44	4.6	12:30	2.1	1:40	1.5	5:41	6:18	
31	Wed	6:47	5.3	7:44	5.0	1:36	1.9	2:30	1.1	5:39	6:19	