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# Hell Gate, Wards Island, NY - Mar 2007

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 9:25 | 6.1 | 9:50 | 5.7 | 3:54 | 0.2 | 4:36 | -0.4 | 6:29 | 5:46 | |
| 2 | Fri | 10:07 | 6.3 | 10:30 | 6.0 | 4:42 | 0.0 | 5:19 | -0.5 | 6:28 | 5:47 | |
| 3 | Sat | 10:45 | 6.3 | 11:08 | 6.1 | 5:26 | -0.2 | 5:58 | -0.6 | 6:26 | 5:48 | |
| 4 | Sun | 11:21 | 6.2 | 11:45 | 6.2 | 6:08 | -0.3 | 6:34 | -0.6 | 6:25 | 5:49 | |
| 5 | Mon | 11:56 | 6.0 | | | 6:46 | -0.3 | 7:07 | -0.4 | 6:23 | 5:50 | |
| 6 | Tue | 12:20 | 6.2 | 12:31 | 5.8 | 7:23 | -0.2 | 7:37 | -0.2 | 6:21 | 5:52 | |
| 7 | Wed | 12:54 | 6.1 | 1:05 | 5.4 | 7:57 | 0.1 | 8:04 | 0.2 | 6:20 | 5:53 | |
| 8 | Thu | 1:27 | 5.9 | 1:40 | 5.1 | 8:30 | 0.4 | 8:28 | 0.6 | 6:18 | 5:54 | |
| 9 | Fri | 2:00 | 5.7 | 2:17 | 4.8 | 9:04 | 0.8 | 8:52 | 0.9 | 6:17 | 5:55 | |
| 10 | Sat | 2:35 | 5.6 | 3:00 | 4.5 | 9:45 | 1.2 | 9:24 | 1.3 | 6:15 | 5:56 | |
| 11 | Sun | 4:18 | 5.5 | 4:50 | 4.4 | 11:47 | 1.4 | 11:13 | 1.6 | 7:13 | 6:57 | |
| 12 | Mon | 5:09 | 5.4 | 5:48 | 4.3 | | | 1:10 | 1.5 | 7:12 | 6:58 | |
| 13 | Tue | 6:10 | 5.5 | 6:57 | 4.4 | 12:44 | 1.7 | 2:19 | 1.2 | 7:10 | 6:59 | |
| 14 | Wed | 7:23 | 5.6 | 8:12 | 4.7 | 2:15 | 1.5 | 3:17 | 0.8 | 7:09 | 7:00 | |
| 15 | Thu | 8:37 | 6.0 | 9:15 | 5.3 | 3:20 | 0.9 | 4:08 | 0.2 | 7:07 | 7:01 | |
| 16 | Fri | 9:36 | 6.5 | 10:05 | 6.0 | 4:17 | 0.2 | 4:56 | -0.5 | 7:05 | 7:03 | |
| 17 | Sat | 10:26 | 6.9 | 10:51 | 6.7 | 5:11 | -0.5 | 5:43 | -1.0 | 7:04 | 7:04 | |
| 18 | Sun | 11:13 | 7.2 | 11:35 | 7.2 | 6:03 | -1.1 | 6:29 | -1.5 | 7:02 | 7:05 | |
| 19 | Mon | 11:59 | 7.3 | | | 6:55 | -1.5 | 7:14 | -1.7 | 7:00 | 7:06 | |
| 20 | Tue | 12:21 | 7.6 | 12:48 | 7.1 | 7:45 | -1.7 | 7:59 | -1.7 | 6:59 | 7:07 | |
| 21 | Wed | 1:09 | 7.7 | 1:39 | 6.8 | 8:34 | -1.6 | 8:44 | -1.4 | 6:57 | 7:08 | |
| 22 | Thu | 2:00 | 7.5 | 2:35 | 6.4 | 9:24 | -1.2 | 9:30 | -0.9 | 6:55 | 7:09 | |
| 23 | Fri | 2:55 | 7.2 | 3:35 | 5.9 | 10:18 | -0.6 | 10:20 | -0.2 | 6:54 | 7:10 | |
| 24 | Sat | 3:55 | 6.8 | 4:37 | 5.6 | 11:20 | 0.0 | 11:22 | 0.5 | 6:52 | 7:11 | |
| 25 | Sun | 4:56 | 6.3 | 5:38 | 5.3 | | | 12:29 | 0.5 | 6:50 | 7:12 | |
| 26 | Mon | 5:58 | 6.0 | 6:41 | 5.2 | 12:34 | 1.1 | 1:38 | 0.7 | 6:49 | 7:13 | |
| 27 | Tue | 7:03 | 5.7 | 7:47 | 5.2 | 1:45 | 1.2 | 2:41 | 0.6 | 6:47 | 7:14 | |
| 28 | Wed | 8:11 | 5.7 | 8:49 | 5.4 | 2:49 | 1.2 | 3:35 | 0.5 | 6:45 | 7:15 | |
| 29 | Thu | 9:12 | 5.8 | 9:41 | 5.7 | 3:45 | 0.9 | 4:22 | 0.3 | 6:44 | 7:16 | |
| 30 | Fri | 10:00 | 5.9 | 10:24 | 6.1 | 4:34 | 0.6 | 5:05 | 0.1 | 6:42 | 7:17 | |
| 31 | Sat | 10:41 | 6.1 | 11:02 | 6.4 | 5:19 | 0.4 | 5:44 | 0.0 | 6:40 | 7:18 | |