

































## Hell Gate, Wards Island, NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:10	6.4	1:41	5.6	8:40	-0.2	8:39	-0.3	6:28	5:46	
2	Mon	1:57	6.4	2:36	5.3	9:29	0.2	9:22	0.0	6:27	5:48	
3	Tue	2:54	6.3	3:37	5.1	10:36	0.5	10:23	0.4	6:25	5:49	
4	Wed	3:57	6.2	4:43	5.0	11:55	0.7	11:48	0.6	6:24	5:50	
5	Thu	5:05	6.1	5:54	5.0			1:07	0.5	6:22	5:51	
6	Fri	6:21	6.1	7:10	5.3	1:08	0.4	2:11	0.1	6:21	5:52	
7	Sat	7:37	6.3	8:17	5.8	2:16	0.0	3:07	-0.5	6:19	5:53	
8	Sun	9:41	6.7	10:13	6.4	4:16	-0.4	4:59	-1.0	7:17	6:54	
9	Mon	10:33	6.9	11:02	6.8	5:12	-0.9	5:48	-1.3	7:16	6:55	
10	Tue	11:21	7.1	11:47	7.1	6:04	-1.2	6:35	-1.5	7:14	6:57	
11	Wed			12:06	7.0	6:54	-1.3	7:20	-1.5	7:13	6:58	
12	Thu	12:32	7.2	12:50	6.8	7:41	-1.3	8:01	-1.3	7:11	6:59	
13	Fri	1:15	7.1	1:35	6.4	8:25	-1.1	8:41	-0.8	7:09	7:00	
14	Sat	1:59	6.8	2:22	5.9	9:08	-0.6	9:19	-0.2	7:08	7:01	
15	Sun	2:44	6.5	3:11	5.5	9:51	-0.1	9:56	0.4	7:06	7:02	
16	Mon	3:31	6.1	4:02	5.1	10:37	0.5	10:37	1.1	7:04	7:03	
17	Tue	4:20	5.8	4:54	4.8	11:32	1.1	11:29	1.6	7:03	7:04	
18	Wed	5:10	5.5	5:46	4.5			12:36	1.4	7:01	7:05	
19	Thu	6:03	5.3	6:43	4.5	12:39	1.9	1:40	1.5	6:59	7:06	
20	Fri	7:02	5.2	7:45	4.6	1:48	2.0	2:37	1.4	6:58	7:07	
21	Sat	8:06	5.3	8:45	4.9	2:48	1.7	3:27	1.1	6:56	7:08	
22	Sun	9:03	5.5	9:34	5.3	3:40	1.4	4:11	0.7	6:54	7:09	
23	Mon	9:50	5.8	10:14	5.7	4:27	0.9	4:53	0.3	6:53	7:11	
24	Tue	10:29	6.1	10:49	6.1	5:11	0.5	5:32	0.0	6:51	7:12	
25	Wed	11:06	6.3	11:21	6.5	5:55	0.0	6:11	-0.3	6:49	7:13	
26	Thu	11:41	6.3	11:52	6.8	6:39	-0.3	6:50	-0.5	6:48	7:14	
27	Fri			12:17	6.3	7:21	-0.6	7:27	-0.6	6:46	7:15	
28	Sat	12:26	7.0	12:56	6.2	8:03	-0.7	8:05	-0.5	6:44	7:16	
29	Sun	1:04	7.1	1:40	6.0	8:46	-0.6	8:43	-0.4	6:43	7:17	
30	Mon	1:48	7.1	2:33	5.7	9:31	-0.4	9:25	-0.1	6:41	7:18	
31	Tue	2:42	6.9	3:34	5.5	10:23	0.0	10:15	0.3	6:40	7:19	