








Hell Gate, Wards Island, NY - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:34	5.7	4:05	6.1	10:19	1.2	11:05	2.2	5:52	8:11	
2	Mon	4:16	5.5	4:42	6.2	10:54	1.4			5:53	8:10	
3	Tue	5:02	5.3	5:24	6.3	12:11	2.3	11:43 AM	1.6	5:54	8:09	
4	Wed	5:54	5.2	6:15	6.5	1:23	2.2	12:51	1.7	5:55	8:08	
5	Thu	6:57	5.2	7:18	6.7	2:28	1.9	2:04	1.5	5:56	8:07	
6	Fri	8:09	5.4	8:28	7.1	3:25	1.3	3:10	1.2	5:57	8:05	
7	Sat	9:15	5.8	9:30	7.5	4:19	0.8	4:09	0.7	5:58	8:04	
8	Sun	10:11	6.3	10:25	7.9	5:10	0.1	5:06	0.2	5:59	8:03	
9	Mon	11:02	6.9	11:15	8.2	6:00	-0.4	6:02	-0.2	6:00	8:02	
10	Tue	11:52	7.3			6:49	-0.9	6:57	-0.6	6:01	8:00	
11	Wed	12:05	8.2	12:43	7.6	7:37	-1.2	7:50	-0.7	6:02	7:59	
12	Thu	12:57	8.0	1:36	7.8	8:23	-1.2	8:42	-0.6	6:03	7:58	
13	Fri	1:50	7.7	2:31	7.8	9:09	-1.0	9:33	-0.2	6:04	7:57	
14	Sat	2:47	7.2	3:28	7.7	9:56	-0.6	10:29	0.3	6:05	7:55	
15	Sun	3:46	6.8	4:24	7.5	10:47	0.0	11:31	0.8	6:05	7:54	
16	Mon	4:44	6.3	5:19	7.2	11:45	0.6			6:06	7:52	
17	Tue	5:41	5.9	6:14	7.0	12:37	1.2	12:49	1.1	6:07	7:51	
18	Wed	6:40	5.7	7:12	6.8	1:43	1.3	1:51	1.4	6:08	7:50	
19	Thu	7:44	5.5	8:13	6.7	2:43	1.3	2:50	1.5	6:09	7:48	
20	Fri	8:47	5.6	9:10	6.8	3:37	1.2	3:43	1.5	6:10	7:47	
21	Sat	9:41	5.8	9:59	6.9	4:26	1.0	4:32	1.4	6:11	7:45	
22	Sun	10:27	6.1	10:41	7.0	5:10	0.8	5:17	1.2	6:12	7:44	
23	Mon	11:07	6.3	11:20	7.1	5:52	0.6	6:02	1.1	6:13	7:42	
24	Tue	11:45	6.5	11:56	7.0	6:32	0.5	6:44	1.0	6:14	7:41	
25	Wed			12:21	6.6	7:09	0.4	7:25	1.0	6:15	7:39	
26	Thu	12:31	6.9	12:55	6.6	7:44	0.4	8:03	1.1	6:16	7:38	
27	Fri	1:05	6.6	1:28	6.6	8:16	0.5	8:38	1.2	6:17	7:36	
28	Sat	1:38	6.3	1:57	6.5	8:45	0.8	9:13	1.5	6:18	7:34	
29	Sun	2:12	6.0	2:27	6.5	9:11	1.0	9:47	1.7	6:19	7:33	
30	Mon	2:50	5.7	3:04	6.5	9:39	1.3	10:28	2.0	6:20	7:31	
31	Tue	3:36	5.5	3:50	6.5	10:14	1.5	11:29	2.2	6:21	7:30	