

































## Hell Gate, Wards Island, NY - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:58	6.5	7:21	5.5	1:45	-0.3	2:30	-0.2	7:19	4:39	
2	Tue	8:01	7.0	8:27	5.7	2:41	-0.7	3:28	-0.7	7:19	4:40	
3	Wed	8:59	7.4	9:25	6.0	3:36	-1.0	4:24	-1.2	7:19	4:40	
4	Thu	9:51	7.6	10:20	6.1	4:30	-1.2	5:18	-1.6	7:19	4:41	
5	Fri	10:43	7.7	11:13	6.2	5:25	-1.4	6:10	-1.8	7:19	4:42	
6	Sat	11:34	7.6			6:18	-1.3	7:00	-1.8	7:19	4:43	
7	Sun	12:07	6.1	12:26	7.3	7:09	-1.2	7:48	-1.7	7:19	4:44	
8	Mon	1:02	6.0	1:20	6.9	7:58	-0.8	8:34	-1.3	7:19	4:45	
9	Tue	1:59	5.9	2:14	6.5	8:47	-0.3	9:22	-0.9	7:19	4:46	
10	Wed	2:53	5.7	3:07	6.1	9:39	0.3	10:12	-0.3	7:18	4:47	
11	Thu	3:45	5.6	3:58	5.6	10:38	0.7	11:05	0.1	7:18	4:48	
12	Fri	4:33	5.5	4:47	5.2	11:40	1.0	11:58	0.4	7:18	4:49	
13	Sat	5:21	5.4	5:38	4.9			12:42	1.1	7:18	4:51	
14	Sun	6:12	5.4	6:33	4.7	12:50	0.6	1:39	1.0	7:17	4:52	
15	Mon	7:06	5.4	7:32	4.6	1:39	0.7	2:30	0.8	7:17	4:53	
16	Tue	7:58	5.6	8:26	4.7	2:26	0.6	3:18	0.5	7:16	4:54	
17	Wed	8:46	5.9	9:13	4.9	3:11	0.4	4:03	0.2	7:16	4:55	
18	Thu	9:27	6.1	9:55	5.1	3:55	0.3	4:47	-0.1	7:15	4:56	
19	Fri	10:04	6.3	10:35	5.2	4:38	0.1	5:30	-0.4	7:15	4:57	
20	Sat	10:39	6.4	11:13	5.3	5:21	-0.1	6:12	-0.6	7:14	4:59	
21	Sun	11:12	6.5	11:50	5.3	6:03	-0.2	6:51	-0.7	7:13	5:00	
22	Mon	11:45	6.5			6:43	-0.3	7:28	-0.8	7:13	5:01	
23	Tue	12:27	5.4	12:21	6.4	7:22	-0.3	8:04	-0.8	7:12	5:02	
24	Wed	1:07	5.5	1:03	6.3	8:01	-0.3	8:40	-0.7	7:11	5:03	
25	Thu	1:52	5.6	1:51	6.0	8:44	-0.1	9:20	-0.5	7:11	5:05	
26	Fri	2:42	5.7	2:46	5.8	9:35	0.1	10:07	-0.3	7:10	5:06	
27	Sat	3:34	5.9	3:43	5.5	10:41	0.3	11:07	-0.1	7:09	5:07	
28	Sun	4:29	6.0	4:43	5.3	11:58	0.4			7:08	5:08	
29	Mon	5:29	6.2	5:50	5.1	12:15	-0.1	1:10	0.2	7:07	5:09	
30	Tue	6:36	6.3	7:06	5.1	1:22	-0.2	2:14	-0.2	7:06	5:11	
31	Wed	7:45	6.6	8:17	5.4	2:24	-0.5	3:13	-0.6	7:05	5:12	