

## Hell Gate, Wards Island, NY - Mar 2009

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 4:54  | 5.7 | 5:50  | 4.5 |       |      | 1:17  | 1.1  | 6:28                                                                                | 5:47 |    |
| 2    | Mon | 6:08  | 5.9 | 7:10  | 4.8 | 1:00  | 1.0  | 2:20  | 0.5  | 6:26                                                                                | 5:48 |    |
| 3    | Tue | 7:30  | 6.2 | 8:18  | 5.3 | 2:13  | 0.5  | 3:15  | -0.1 | 6:25                                                                                | 5:49 |    |
| 4    | Wed | 8:37  | 6.7 | 9:13  | 6.0 | 3:14  | -0.2 | 4:06  | -0.7 | 6:23                                                                                | 5:50 |    |
| 5    | Thu | 9:31  | 7.1 | 10:02 | 6.6 | 4:11  | -0.8 | 4:56  | -1.3 | 6:22                                                                                | 5:51 |    |
| 6    | Fri | 10:21 | 7.4 | 10:50 | 7.1 | 5:06  | -1.4 | 5:44  | -1.8 | 6:20                                                                                | 5:52 |    |
| 7    | Sat | 11:09 | 7.4 | 11:38 | 7.4 | 5:59  | -1.7 | 6:30  | -2.0 | 6:19                                                                                | 5:53 |    |
| 8    | Sun |       |     | 12:58 | 7.2 | 7:50  | -1.8 | 8:14  | -1.9 | 7:17                                                                                | 6:54 |    |
| 9    | Mon | 1:28  | 7.5 | 1:49  | 6.8 | 8:39  | -1.7 | 8:58  | -1.6 | 7:15                                                                                | 6:56 |    |
| 10   | Tue | 2:18  | 7.3 | 2:42  | 6.4 | 9:28  | -1.2 | 9:43  | -0.9 | 7:14                                                                                | 6:57 |    |
| 11   | Wed | 3:12  | 7.0 | 3:39  | 5.8 | 10:20 | -0.6 | 10:32 | -0.2 | 7:12                                                                                | 6:58 |    |
| 12   | Thu | 4:06  | 6.6 | 4:37  | 5.4 | 11:18 | 0.1  | 11:29 | 0.6  | 7:11                                                                                | 6:59 |   |
| 13   | Fri | 5:02  | 6.1 | 5:35  | 5.0 |       |      | 12:25 | 0.7  | 7:09                                                                                | 7:00 |  |
| 14   | Sat | 5:58  | 5.8 | 6:35  | 4.7 | 12:36 | 1.2  | 1:33  | 0.9  | 7:07                                                                                | 7:01 |  |
| 15   | Sun | 7:00  | 5.5 | 7:41  | 4.7 | 1:45  | 1.4  | 2:36  | 1.0  | 7:06                                                                                | 7:02 |  |
| 16   | Mon | 8:06  | 5.5 | 8:45  | 4.8 | 2:47  | 1.4  | 3:30  | 0.8  | 7:04                                                                                | 7:03 |  |
| 17   | Tue | 9:07  | 5.6 | 9:38  | 5.1 | 3:41  | 1.2  | 4:18  | 0.6  | 7:02                                                                                | 7:04 |  |
| 18   | Wed | 9:56  | 5.8 | 10:22 | 5.5 | 4:30  | 0.9  | 5:00  | 0.3  | 7:01                                                                                | 7:05 |  |
| 19   | Thu | 10:38 | 6.0 | 11:00 | 5.9 | 5:15  | 0.6  | 5:40  | 0.1  | 6:59                                                                                | 7:06 |  |
| 20   | Fri | 11:15 | 6.2 | 11:35 | 6.1 | 5:57  | 0.3  | 6:18  | -0.1 | 6:57                                                                                | 7:07 |  |
| 21   | Sat | 11:50 | 6.2 |       |     | 6:38  | 0.1  | 6:53  | -0.2 | 6:56                                                                                | 7:09 |  |
| 22   | Sun | 12:07 | 6.3 | 12:23 | 6.1 | 7:17  | 0.0  | 7:27  | -0.2 | 6:54                                                                                | 7:10 |  |
| 23   | Mon | 12:36 | 6.3 | 12:55 | 5.9 | 7:54  | 0.0  | 7:57  | -0.1 | 6:52                                                                                | 7:11 |  |
| 24   | Tue | 1:02  | 6.3 | 1:27  | 5.6 | 8:28  | 0.1  | 8:26  | 0.1  | 6:51                                                                                | 7:12 |  |
| 25   | Wed | 1:27  | 6.3 | 1:59  | 5.4 | 9:02  | 0.3  | 8:53  | 0.4  | 6:49                                                                                | 7:13 |  |
| 26   | Thu | 1:56  | 6.3 | 2:37  | 5.1 | 9:36  | 0.5  | 9:22  | 0.7  | 6:47                                                                                | 7:14 |  |
| 27   | Fri | 2:35  | 6.2 | 3:26  | 4.9 | 10:16 | 0.8  | 9:58  | 0.9  | 6:46                                                                                | 7:15 |  |
| 28   | Sat | 3:26  | 6.1 | 4:24  | 4.8 | 11:13 | 1.1  | 10:49 | 1.2  | 6:44                                                                                | 7:16 |  |
| 29   | Sun | 4:27  | 6.0 | 5:28  | 4.8 |       |      | 12:36 | 1.2  | 6:42                                                                                | 7:17 |  |
| 30   | Mon | 5:34  | 6.0 | 6:36  | 5.0 | 12:11 | 1.4  | 1:51  | 1.0  | 6:41                                                                                | 7:18 |  |
| 31   | Tue | 6:48  | 6.1 | 7:49  | 5.4 | 1:46  | 1.2  | 2:53  | 0.6  | 6:39                                                                                | 7:19 |  |