US HARBORS www.USHarbors.com

Hyde Park, NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:29	4.2	3:37	3.3	10:20	0.5	10:05	0.3	6:29	5:46	
2	Mon	4:19	4.2	4:27	3.1	11:15	0.6	10:54	0.3	6:28	5:47	
3	Tue	5:14	4.1	5:26	3.0			12:14	0.7	6:26	5:48	
4	Wed	6:15	4.1	6:32	2.9			1:16	0.7	6:24	5:49	
5	Thu	7:19	4.1	7:42	3.0	1:08	0.4	2:17	0.6	6:23	5:50	
6	Fri	8:23	4.1	8:50	3.2	2:16	0.4	3:14	0.4	6:21	5:51	
7	Sat	9:23	4.2	9:53	3.4	3:19	0.2	4:07	0.1	6:20	5:53	
8	Sun	11:20	4.2	11:50	3.8	5:18	0.1	5:57	-0.1	7:18	6:54	
9	Mon			12:13	4.2	6:13	0.0	6:44	-0.3	7:16	6:55	
10	Tue	12:43	4.0	1:02	4.2	7:06	-0.1	7:30	-0.3	7:15	6:56	
11	Wed	1:32	4.3	1:48	4.1	7:57	-0.1	8:15	-0.4	7:13	6:57	
12	Thu	2:18	4.4	2:32	3.9	8:47	-0.1	9:00	-0.3	7:11	6:58	
13	Fri	3:02	4.4	3:16	3.7	9:37	0.0	9:45	-0.1	7:10	7:00	
14	Sat	3:46	4.3	4:00	3.4	10:26	0.2	10:30	0.1	7:08	7:01	
15	Sun	4:31	4.2	4:45	3.2	11:15	0.4	11:17	0.3	7:06	7:02	
16	Mon	5:19	4.0	5:33	3.0			12:07	0.6	7:04	7:03	
17	Tue	6:09	3.8	6:26	2.8	12:06	0.5	1:00	0.7	7:03	7:04	
18	Wed	7:02	3.6	7:24	2.7	1:00	0.7	1:56	0.8	7:01	7:05	
19	Thu	7:58	3.6	8:23	2.7	1:57	0.8	2:52	0.8	6:59	7:06	
20	Fri	8:53	3.5	9:21	2.8	2:55	0.8	3:45	0.7	6:58	7:07	
21	Sat	9:46	3.5	10:16	3.0	3:51	0.8	4:34	0.6	6:56	7:09	
22	Sun	10:36	3.6	11:06	3.3	4:44	0.7	5:19	0.4	6:54	7:10	
23	Mon	11:23	3.6	11:51	3.5	5:33	0.5	6:01	0.3	6:53	7:11	
24	Tue			12:06	3.7	6:20	0.4	6:41	0.2	6:51	7:12	
25	Wed	12:34	3.8	12:48	3.7	7:06	0.3	7:19	0.1	6:49	7:13	
26	Thu	1:14	4.1	1:29	3.6	7:51	0.2	7:58	0.1	6:47	7:14	
27	Fri	1:55	4.3	2:09	3.6	8:37	0.1	8:36	0.1	6:46	7:15	
28	Sat	2:36	4.4	2:51	3.5	9:24	0.1	9:15	0.1	6:44	7:16	
29	Sun	3:19	4.5	3:35	3.3	10:12	0.2	9:57	0.2	6:42	7:17	
30	Mon	4:06	4.5	4:23	3.2	11:03	0.3	10:45	0.3	6:41	7:18	
31	Tue	4:57	4.4	5:18	3.1	11:57	0.4	11:43	0.4	6:39	7:20	