US HARBORS www.USHarbors.com

Hyde Park, NY - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**12:48**	4.4	**1:05**	4.3	**7:16**	-0.3	**7:37**	-0.6	6:30	5:45	
2	Tue	**1:37**	4.6	**1:53**	4.1	**8:09**	-0.3	**8:24**	-0.5	6:28	5:47	
3	Wed	**2:27**	4.6	**2:41**	3.9	**9:02**	-0.1	**9:13**	-0.4	6:26	5:48	
4	Thu	**3:17**	4.5	**3:31**	3.6	**9:55**	0.1	**10:03**	-0.2	6:25	5:49	
5	Fri	**4:09**	4.3	**4:23**	3.3	**10:49**	0.3	**10:55**	0.1	6:23	5:50	
6	Sat	**5:03**	4.1	**5:18**	3.1	**11:45**	0.5	**11:50**	0.3	6:22	5:51	
7	Sun	**5:59**	3.9	**6:17**	2.9			**12:43**	0.6	6:20	5:52	
8	Mon	**6:57**	3.8	**7:18**	2.8	**12:47**	0.5	**1:41**	0.7	6:18	5:54	
9	Tue	**7:54**	3.7	**8:18**	2.8	**1:46**	0.6	**2:37**	0.7	6:17	5:55	
10	Wed	**8:48**	3.6	**9:15**	2.9	**2:43**	0.6	**3:29**	0.6	6:15	5:56	
11	Thu	**9:39**	3.6	**10:06**	3.1	**3:37**	0.6	**4:16**	0.5	6:13	5:57	
12	Fri	**10:26**	3.7	**10:52**	3.3	**4:27**	0.5	**5:00**	0.3	6:12	5:58	
13	Sat	**11:09**	3.7	**11:35**	3.6	**5:14**	0.4	**5:41**	0.2	6:10	5:59	
14	Sun			**12:49**	3.7	**6:59**	0.3	**7:21**	0.2	7:08	7:00	
15	Mon	**1:14**	3.8	**1:28**	3.7	**7:44**	0.3	**8:00**	0.2	7:07	7:02	
16	Tue	**1:52**	3.9	**2:05**	3.6	**8:27**	0.3	**8:37**	0.2	7:05	7:03	
17	Wed	**2:29**	4.0	**2:42**	3.5	**9:11**	0.3	**9:14**	0.3	7:03	7:04	
18	Thu	**3:07**	4.1	**3:19**	3.4	**9:55**	0.4	**9:50**	0.3	7:01	7:05	
19	Fri	**3:46**	4.1	**3:58**	3.2	**10:41**	0.5	**10:24**	0.4	7:00	7:06	
20	Sat	**4:28**	4.1	**4:41**	3.1	**11:29**	0.6	**11:00**	0.5	6:58	7:07	
21	Sun	**5:16**	4.1	**5:32**	3.0			**12:21**	0.6	6:56	7:08	
22	Mon	**6:10**	4.0	**6:32**	2.9			**1:17**	0.7	6:55	7:09	
23	Tue	**7:10**	4.0	**7:38**	3.0	**1:00**	0.6	**2:16**	0.6	6:53	7:10	
24	Wed	**8:12**	3.9	**8:44**	3.2	**2:12**	0.6	**3:12**	0.5	6:51	7:12	
25	Thu	**9:14**	4.0	**9:48**	3.5	**3:20**	0.5	**4:06**	0.3	6:50	7:13	
26	Fri	**10:14**	4.0	**10:48**	3.8	**4:22**	0.3	**4:57**	0.0	6:48	7:14	
27	Sat	**11:10**	4.0	**11:44**	4.2	**5:20**	0.1	**5:46**	-0.2	6:46	7:15	
28	Sun			**12:04**	4.0	**6:15**	-0.1	**6:33**	-0.4	6:44	7:16	
29	Mon	**12:36**	4.5	**12:55**	4.0	**7:08**	-0.2	**7:21**	-0.5	6:43	7:17	
30	Tue	**1:26**	4.7	**1:44**	3.9	**7:59**	-0.3	**8:08**	-0.4	6:41	7:18	
31	Wed	**2:14**	4.8	**2:32**	3.8	**8:51**	-0.2	**8:56**	-0.3	6:39	7:19	