

Jones Inlet, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:00	3.1	1:00	2.8	7:16	0.7	7:25	0.4	7:17	4:37	
2	Fri	1:48	3.3	1:57	2.8	8:25	0.5	8:26	0.3	7:18	4:38	
3	Sat	2:43	3.5	3:04	2.8	9:28	0.3	9:24	0.1	7:18	4:39	
4	Sun	3:45	3.7	4:13	2.9	10:25	0.0	10:21	-0.1	7:18	4:40	
5	Mon	4:46	4.0	5:14	3.1	11:20	-0.2	11:16	-0.3	7:18	4:41	
6	Tue	5:41	4.3	6:10	3.3			12:14	-0.5	7:18	4:42	
7	Wed	6:33	4.5	7:02	3.5	12:13	-0.4	1:08	-0.7	7:18	4:43	
8	Thu	7:25	4.6	7:55	3.6	1:09	-0.6	1:59	-0.8	7:17	4:44	
9	Fri	8:16	4.5	8:48	3.7	2:04	-0.6	2:47	-0.9	7:17	4:45	
10	Sat	9:09	4.4	9:44	3.7	2:56	-0.6	3:34	-0.9	7:17	4:46	
11	Sun	10:03	4.1	10:40	3.7	3:47	-0.5	4:21	-0.8	7:17	4:47	
12	Mon	10:58	3.8	11:36	3.7	4:41	-0.3	5:09	-0.6	7:16	4:48	
13	Tue	11:53	3.5			5:39	0.0	6:01	-0.3	7:16	4:49	
14	Wed	12:29	3.6	12:46	3.3	6:44	0.2	6:58	-0.1	7:16	4:50	
15	Thu	1:21	3.5	1:40	3.0	7:52	0.3	7:56	0.1	7:15	4:51	
16	Fri	2:14	3.4	2:38	2.8	8:56	0.3	8:52	0.2	7:15	4:52	
17	Sat	3:11	3.4	3:40	2.7	9:53	0.2	9:44	0.2	7:15	4:53	
18	Sun	4:09	3.4	4:39	2.7	10:44	0.2	10:33	0.2	7:14	4:55	
19	Mon	5:02	3.4	5:31	2.8	11:31	0.1	11:20	0.2	7:14	4:56	
20	Tue	5:48	3.5	6:16	2.9			12:16	0.0	7:13	4:57	
21	Wed	6:29	3.6	6:57	3.0	12:05	0.1	12:58	-0.1	7:12	4:58	
22	Thu	7:08	3.6	7:37	3.1	12:49	0.0	1:38	-0.2	7:12	4:59	
23	Fri	7:44	3.6	8:15	3.1	1:32	0.0	2:15	-0.2	7:11	5:00	
24	Sat	8:18	3.5	8:53	3.1	2:12	0.0	2:49	-0.2	7:10	5:02	
25	Sun	8:51	3.4	9:29	3.1	2:49	0.0	3:21	-0.2	7:10	5:03	
26	Mon	9:23	3.3	10:05	3.1	3:24	0.1	3:50	-0.1	7:09	5:04	
27	Tue	9:58	3.1	10:43	3.1	3:59	0.2	4:18	0.0	7:08	5:05	
28	Wed	10:39	3.0	11:25	3.2	4:37	0.3	4:48	0.1	7:07	5:06	
29	Thu	11:28	2.8			5:24	0.4	5:27	0.2	7:06	5:08	
30	Fri	12:12	3.2	12:22	2.7	6:30	0.5	6:24	0.3	7:05	5:09	
31	Sat	1:04	3.3	1:23	2.7	7:48	0.4	7:40	0.3	7:05	5:10	