

Jones Inlet, NY - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:36	3.5	1:05	2.7	7:21	0.4	7:13	0.4	6:28	5:45	
2	Mon	1:41	3.5	2:16	2.7	8:38	0.3	8:38	0.3	6:26	5:46	
3	Tue	2:54	3.6	3:32	2.9	9:43	0.1	9:49	0.0	6:25	5:47	
4	Wed	4:07	3.8	4:41	3.3	10:40	-0.2	10:50	-0.3	6:23	5:48	
5	Thu	5:09	4.1	5:39	3.6	11:33	-0.5	11:47	-0.5	6:22	5:49	
6	Fri	6:03	4.3	6:30	4.0			12:23	-0.7	6:20	5:50	
7	Sat	6:52	4.4	7:18	4.2	12:42	-0.7	1:12	-0.9	6:18	5:51	
8	Sun	7:40	4.3	8:05	4.3	1:35	-0.8	1:57	-0.9	6:17	5:53	
9	Mon	8:27	4.2	8:52	4.2	2:24	-0.8	2:41	-0.8	6:15	5:54	
10	Tue	9:16	3.9	9:39	4.1	3:11	-0.6	3:22	-0.6	6:14	5:55	
11	Wed	10:06	3.6	10:28	3.9	3:57	-0.4	4:03	-0.3	6:12	5:56	
12	Thu	10:58	3.3	11:19	3.6	4:45	-0.1	4:46	0.0	6:10	5:57	
13	Fri	11:52	3.0			5:38	0.2	5:34	0.4	6:09	5:58	
14	Sat	12:10	3.4	12:46	2.8	6:40	0.5	6:33	0.6	6:07	5:59	
15	Sun	1:03	3.2	1:41	2.7	7:48	0.6	7:42	0.8	6:06	6:00	
16	Mon	1:59	3.1	2:40	2.7	8:52	0.6	8:48	0.7	6:04	6:01	
17	Tue	3:01	3.0	3:42	2.8	9:46	0.5	9:44	0.6	6:02	6:02	
18	Wed	4:02	3.1	4:38	3.0	10:32	0.4	10:34	0.5	6:01	6:03	
19	Thu	4:55	3.3	5:25	3.2	11:13	0.2	11:19	0.3	5:59	6:04	
20	Fri	5:38	3.4	6:05	3.4	11:53	0.1			5:57	6:05	
21	Sat	6:16	3.5	6:41	3.6	12:03	0.1	12:31	0.0	5:56	6:06	
22	Sun	6:52	3.6	7:15	3.7	12:45	0.0	1:07	-0.1	5:54	6:08	
23	Mon	7:25	3.6	7:46	3.8	1:26	-0.1	1:42	-0.1	5:52	6:09	
24	Tue	7:58	3.5	8:18	3.9	2:06	-0.1	2:15	-0.1	5:51	6:10	
25	Wed	8:32	3.4	8:51	3.9	2:44	-0.1	2:47	0.0	5:49	6:11	
26	Thu	9:10	3.3	9:30	3.9	3:22	-0.1	3:18	0.1	5:47	6:12	
27	Fri	9:55	3.1	10:18	3.8	4:02	0.0	3:53	0.2	5:46	6:13	
28	Sat	10:51	3.0	11:17	3.7	4:49	0.2	4:37	0.3	5:44	6:14	
29	Sun	11:54	2.9			5:50	0.3	5:39	0.5	5:42	6:15	
30	Mon	12:22	3.7	1:00	2.9	7:05	0.4	7:07	0.5	5:41	6:16	
31	Tue	1:28	3.7	2:08	3.1	8:18	0.3	8:29	0.4	5:39	6:17	