

Jones Inlet, NY - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:53	4.3	7:18	3.6	12:36	-0.4	1:18	-0.6	7:17	4:37	☀
2	Fri	7:38	4.2	8:05	3.5	1:25	-0.3	2:04	-0.6	7:18	4:38	☀
3	Sat	8:22	4.0	8:50	3.4	2:11	-0.3	2:46	-0.5	7:18	4:39	☀
4	Sun	9:05	3.8	9:36	3.3	2:54	-0.1	3:25	-0.4	7:18	4:40	☀
5	Mon	9:50	3.6	10:23	3.2	3:35	0.0	4:02	-0.2	7:18	4:40	☀
6	Tue	10:36	3.4	11:09	3.2	4:16	0.2	4:40	-0.1	7:18	4:41	☀
7	Wed	11:22	3.2	11:55	3.1	4:59	0.4	5:20	0.1	7:18	4:42	☀
8	Thu			12:08	3.0	5:50	0.6	6:06	0.3	7:17	4:43	☀
9	Fri	12:40	3.1	12:55	2.8	6:51	0.7	6:59	0.3	7:17	4:44	☀
10	Sat	1:25	3.1	1:44	2.7	7:55	0.7	7:55	0.4	7:17	4:45	☀
11	Sun	2:13	3.1	2:39	2.7	8:55	0.5	8:51	0.3	7:17	4:46	☀
12	Mon	3:06	3.2	3:38	2.7	9:49	0.4	9:43	0.2	7:17	4:47	☀
13	Tue	4:02	3.4	4:35	2.8	10:38	0.2	10:32	0.0	7:16	4:48	☀
14	Wed	4:53	3.6	5:26	3.0	11:26	-0.1	11:20	-0.1	7:16	4:50	☀
15	Thu	5:40	3.8	6:11	3.2			12:13	-0.3	7:16	4:51	☀
16	Fri	6:23	4.0	6:55	3.4	12:08	-0.3	12:59	-0.5	7:15	4:52	☀
17	Sat	7:06	4.2	7:39	3.6	12:57	-0.4	1:44	-0.6	7:15	4:53	☀
18	Sun	7:50	4.2	8:25	3.7	1:46	-0.6	2:28	-0.8	7:14	4:54	☀
19	Mon	8:37	4.2	9:14	3.7	2:34	-0.6	3:11	-0.8	7:14	4:55	☀
20	Tue	9:26	4.0	10:07	3.8	3:21	-0.6	3:54	-0.7	7:13	4:56	☀
21	Wed	10:21	3.8	11:03	3.8	4:11	-0.5	4:40	-0.6	7:13	4:57	☀
22	Thu	11:18	3.6			5:06	-0.3	5:33	-0.4	7:12	4:59	☀
23	Fri	12:00	3.8	12:17	3.4	6:10	-0.1	6:34	-0.3	7:11	5:00	☀
24	Sat	12:57	3.7	1:16	3.2	7:21	0.0	7:39	-0.2	7:11	5:01	☀
25	Sun	1:56	3.7	2:18	3.1	8:30	0.0	8:44	-0.1	7:10	5:02	☀
26	Mon	2:58	3.7	3:24	3.0	9:33	-0.1	9:44	-0.2	7:09	5:03	☀
27	Tue	4:01	3.7	4:29	3.1	10:30	-0.2	10:39	-0.2	7:08	5:05	☀
28	Wed	4:59	3.8	5:26	3.2	11:22	-0.3	11:30	-0.3	7:08	5:06	☀
29	Thu	5:50	3.9	6:15	3.4			12:10	-0.4	7:07	5:07	☀
30	Fri	6:35	4.0	7:00	3.4	12:19	-0.3	12:56	-0.5	7:06	5:08	☀
31	Sat	7:18	3.9	7:42	3.5	1:06	-0.3	1:39	-0.5	7:05	5:09	☀