

## Jones Inlet, NY - Mar 1976

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Mon | 7:33  | 3.7 | 7:53  | 3.6 | 1:27  | -0.2 | 1:46  | -0.4 | 6:27                                                                                | 5:45 | ☀                                                                                   |
| 2    | Tue | 8:11  | 3.6 | 8:29  | 3.6 | 2:07  | -0.2 | 2:22  | -0.3 | 6:25                                                                                | 5:46 | ☀                                                                                   |
| 3    | Wed | 8:48  | 3.5 | 9:04  | 3.5 | 2:44  | -0.2 | 2:55  | -0.2 | 6:24                                                                                | 5:48 | ☀                                                                                   |
| 4    | Thu | 9:26  | 3.3 | 9:39  | 3.4 | 3:20  | -0.1 | 3:26  | -0.1 | 6:22                                                                                | 5:49 | ☀                                                                                   |
| 5    | Fri | 10:04 | 3.1 | 10:14 | 3.3 | 3:55  | 0.1  | 3:57  | 0.1  | 6:21                                                                                | 5:50 | ☀                                                                                   |
| 6    | Sat | 10:46 | 3.0 | 10:54 | 3.2 | 4:31  | 0.3  | 4:29  | 0.2  | 6:19                                                                                | 5:51 | ☀                                                                                   |
| 7    | Sun | 11:32 | 2.8 | 11:39 | 3.2 | 5:12  | 0.4  | 5:07  | 0.4  | 6:18                                                                                | 5:52 | ☀                                                                                   |
| 8    | Mon |       |     | 12:22 | 2.8 | 6:09  | 0.6  | 6:01  | 0.5  | 6:16                                                                                | 5:53 | ☀                                                                                   |
| 9    | Tue | 12:30 | 3.2 | 1:16  | 2.7 | 7:21  | 0.6  | 7:15  | 0.5  | 6:14                                                                                | 5:54 | ☀                                                                                   |
| 10   | Wed | 1:27  | 3.2 | 2:16  | 2.8 | 8:30  | 0.5  | 8:29  | 0.4  | 6:13                                                                                | 5:55 | ☀                                                                                   |
| 11   | Thu | 2:31  | 3.3 | 3:21  | 3.0 | 9:29  | 0.3  | 9:33  | 0.2  | 6:11                                                                                | 5:56 | ☀                                                                                   |
| 12   | Fri | 3:40  | 3.5 | 4:23  | 3.3 | 10:22 | 0.0  | 10:31 | -0.1 | 6:10                                                                                | 5:57 | ☀                                                                                   |
| 13   | Sat | 4:42  | 3.8 | 5:17  | 3.7 | 11:12 | -0.3 | 11:25 | -0.4 | 6:08                                                                                | 5:59 | ☀                                                                                   |
| 14   | Sun | 5:36  | 4.1 | 6:07  | 4.1 |       |      | 12:01 | -0.6 | 6:06                                                                                | 6:00 | ☀                                                                                   |
| 15   | Mon | 6:26  | 4.3 | 6:55  | 4.4 | 12:19 | -0.7 | 12:49 | -0.8 | 6:05                                                                                | 6:01 | ☀                                                                                   |
| 16   | Tue | 7:15  | 4.3 | 7:43  | 4.5 | 1:12  | -0.8 | 1:37  | -0.9 | 6:03                                                                                | 6:02 | ☀                                                                                   |
| 17   | Wed | 8:04  | 4.3 | 8:33  | 4.6 | 2:04  | -0.9 | 2:25  | -0.9 | 6:01                                                                                | 6:03 | ☀                                                                                   |
| 18   | Thu | 8:56  | 4.1 | 9:25  | 4.5 | 2:54  | -0.9 | 3:11  | -0.8 | 6:00                                                                                | 6:04 | ☀                                                                                   |
| 19   | Fri | 9:50  | 3.9 | 10:20 | 4.3 | 3:44  | -0.7 | 3:59  | -0.6 | 5:58                                                                                | 6:05 | ☀                                                                                   |
| 20   | Sat | 10:48 | 3.7 | 11:18 | 4.1 | 4:36  | -0.5 | 4:50  | -0.3 | 5:56                                                                                | 6:06 | ☀                                                                                   |
| 21   | Sun | 11:48 | 3.5 |       |     | 5:34  | -0.2 | 5:49  | 0.0  | 5:55                                                                                | 6:07 | ☀                                                                                   |
| 22   | Mon | 12:16 | 3.9 | 12:47 | 3.3 | 6:38  | 0.1  | 6:57  | 0.3  | 5:53                                                                                | 6:08 | ☀                                                                                   |
| 23   | Tue | 1:14  | 3.7 | 1:46  | 3.2 | 7:46  | 0.2  | 8:06  | 0.4  | 5:51                                                                                | 6:09 | ☀                                                                                   |
| 24   | Wed | 2:13  | 3.5 | 2:47  | 3.2 | 8:48  | 0.2  | 9:09  | 0.4  | 5:50                                                                                | 6:10 | ☀                                                                                   |
| 25   | Thu | 3:14  | 3.4 | 3:48  | 3.2 | 9:43  | 0.2  | 10:04 | 0.3  | 5:48                                                                                | 6:11 | ☀                                                                                   |
| 26   | Fri | 4:13  | 3.5 | 4:43  | 3.4 | 10:31 | 0.1  | 10:52 | 0.2  | 5:47                                                                                | 6:12 | ☀                                                                                   |
| 27   | Sat | 5:04  | 3.5 | 5:29  | 3.6 | 11:14 | 0.0  | 11:37 | 0.1  | 5:45                                                                                | 6:13 | ☀                                                                                   |
| 28   | Sun | 5:48  | 3.6 | 6:10  | 3.7 | 11:55 | -0.1 |       |      | 5:43                                                                                | 6:14 | ☀                                                                                   |
| 29   | Mon | 6:29  | 3.7 | 6:47  | 3.8 | 12:20 | 0.0  | 12:34 | -0.1 | 5:42                                                                                | 6:15 | ☀                                                                                   |
| 30   | Tue | 7:07  | 3.7 | 7:22  | 3.9 | 1:02  | -0.1 | 1:12  | -0.1 | 5:40                                                                                | 6:16 | ☀                                                                                   |
| 31   | Wed | 7:44  | 3.6 | 7:56  | 3.9 | 1:42  | -0.1 | 1:48  | -0.1 | 5:38                                                                                | 6:17 | ☀                                                                                   |