

Jones Inlet, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:03	3.8	11:04	4.1	4:52	-0.1	4:58	0.3	5:27	8:28	
2	Fri	11:56	3.9	11:59	4.0	5:34	0.0	5:50	0.4	5:27	8:28	
3	Sat			12:50	4.0	6:22	0.0	6:51	0.5	5:28	8:28	
4	Sun	12:57	3.9	1:44	4.1	7:18	0.1	8:00	0.5	5:28	8:28	
5	Mon	1:54	3.8	2:40	4.2	8:20	0.1	9:10	0.4	5:29	8:28	
6	Tue	2:54	3.6	3:39	4.3	9:23	0.1	10:14	0.3	5:30	8:27	
7	Wed	4:00	3.6	4:41	4.4	10:23	0.1	11:14	0.1	5:30	8:27	
8	Thu	5:07	3.6	5:42	4.6	11:21	0.0			5:31	8:27	
9	Fri	6:09	3.7	6:37	4.7	12:09	0.0	12:16	0.0	5:32	8:26	
10	Sat	7:05	3.9	7:28	4.7	1:03	-0.2	1:10	0.0	5:32	8:26	
11	Sun	7:56	3.9	8:16	4.7	1:55	-0.3	2:02	0.0	5:33	8:26	
12	Mon	8:45	4.0	9:02	4.5	2:43	-0.3	2:52	0.1	5:34	8:25	
13	Tue	9:33	3.9	9:48	4.4	3:29	-0.3	3:39	0.2	5:35	8:25	
14	Wed	10:21	3.9	10:35	4.1	4:10	-0.2	4:23	0.3	5:35	8:24	
15	Thu	11:09	3.8	11:21	3.9	4:50	0.0	5:06	0.5	5:36	8:23	
16	Fri	11:57	3.7			5:28	0.2	5:50	0.7	5:37	8:23	
17	Sat	12:09	3.7	12:43	3.7	6:08	0.4	6:40	0.9	5:38	8:22	
18	Sun	12:56	3.5	1:28	3.6	6:51	0.5	7:37	1.0	5:38	8:22	
19	Mon	1:42	3.3	2:12	3.6	7:40	0.7	8:38	1.0	5:39	8:21	
20	Tue	2:30	3.2	2:57	3.6	8:34	0.7	9:37	1.0	5:40	8:20	
21	Wed	3:21	3.1	3:48	3.7	9:29	0.7	10:31	0.8	5:41	8:19	
22	Thu	4:18	3.1	4:42	3.8	10:22	0.7	11:21	0.6	5:42	8:19	
23	Fri	5:16	3.2	5:34	3.9	11:11	0.6			5:43	8:18	
24	Sat	6:09	3.3	6:21	4.1	12:08	0.5	12:00	0.5	5:44	8:17	
25	Sun	6:55	3.5	7:04	4.3	12:54	0.3	12:47	0.3	5:45	8:16	
26	Mon	7:38	3.7	7:46	4.4	1:39	0.1	1:36	0.2	5:45	8:15	
27	Tue	8:21	3.9	8:27	4.5	2:24	-0.1	2:24	0.1	5:46	8:14	
28	Wed	9:04	4.0	9:11	4.5	3:07	-0.2	3:12	0.0	5:47	8:13	
29	Thu	9:50	4.1	9:58	4.4	3:49	-0.3	3:59	0.0	5:48	8:12	
30	Fri	10:40	4.2	10:49	4.2	4:30	-0.3	4:46	0.1	5:49	8:11	
31	Sat	11:34	4.2	11:45	4.1	5:13	-0.2	5:38	0.2	5:50	8:10	