

Jones Inlet, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:29	4.3	6:00	-0.1	6:37	0.3	5:51	8:09	
2	Mon	12:43	3.9	1:26	4.3	6:56	0.1	7:44	0.4	5:52	8:08	
3	Tue	1:42	3.7	2:22	4.3	7:59	0.2	8:54	0.5	5:53	8:07	
4	Wed	2:42	3.6	3:22	4.3	9:06	0.3	10:00	0.4	5:54	8:06	
5	Thu	3:47	3.5	4:25	4.3	10:09	0.3	10:59	0.2	5:55	8:05	
6	Fri	4:54	3.6	5:26	4.4	11:08	0.2	11:53	0.1	5:56	8:03	
7	Sat	5:56	3.7	6:22	4.5			12:02	0.2	5:57	8:02	
8	Sun	6:49	3.8	7:11	4.5	12:44	0.0	12:54	0.1	5:58	8:01	
9	Mon	7:38	4.0	7:56	4.5	1:32	-0.1	1:44	0.1	5:59	8:00	
10	Tue	8:22	4.0	8:39	4.4	2:18	-0.1	2:31	0.1	6:00	7:58	
11	Wed	9:05	4.0	9:21	4.3	3:00	-0.1	3:15	0.2	6:01	7:57	
12	Thu	9:48	4.0	10:03	4.1	3:39	0.0	3:56	0.3	6:02	7:56	
13	Fri	10:30	3.9	10:45	3.8	4:15	0.1	4:36	0.5	6:03	7:54	
14	Sat	11:13	3.8	11:30	3.6	4:50	0.2	5:16	0.6	6:04	7:53	
15	Sun	11:57	3.7			5:24	0.4	5:58	0.8	6:05	7:52	
16	Mon	12:16	3.4	12:41	3.6	6:01	0.6	6:48	1.0	6:06	7:50	
17	Tue	1:03	3.3	1:26	3.6	6:45	0.8	7:49	1.1	6:07	7:49	
18	Wed	1:52	3.2	2:11	3.6	7:41	0.9	8:54	1.1	6:08	7:47	
19	Thu	2:42	3.1	3:00	3.6	8:44	0.9	9:53	0.9	6:09	7:46	
20	Fri	3:38	3.1	3:56	3.7	9:45	0.8	10:47	0.7	6:10	7:45	
21	Sat	4:39	3.2	4:55	3.9	10:41	0.7	11:35	0.5	6:11	7:43	
22	Sun	5:35	3.4	5:49	4.1	11:32	0.5			6:11	7:42	
23	Mon	6:25	3.7	6:37	4.4	12:22	0.3	12:23	0.3	6:12	7:40	
24	Tue	7:10	4.0	7:22	4.5	1:07	0.0	1:13	0.1	6:13	7:39	
25	Wed	7:54	4.3	8:06	4.6	1:53	-0.2	2:03	-0.1	6:14	7:37	
26	Thu	8:39	4.4	8:52	4.6	2:38	-0.3	2:54	-0.2	6:15	7:36	
27	Fri	9:26	4.6	9:41	4.5	3:22	-0.4	3:43	-0.2	6:16	7:34	
28	Sat	10:16	4.6	10:33	4.3	4:06	-0.4	4:32	-0.1	6:17	7:32	
29	Sun	11:11	4.6	11:31	4.1	4:51	-0.2	5:24	0.0	6:18	7:31	
30	Mon			12:09	4.5	5:40	0.0	6:22	0.2	6:19	7:29	
31	Tue	12:31	3.9	1:08	4.4	6:36	0.2	7:28	0.4	6:20	7:28	