

Jones Inlet, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:54	3.6	3:14	3.6	9:17	0.6	9:37	0.3	6:24	4:50	
2	Tue	3:49	3.7	4:08	3.6	10:07	0.5	10:20	0.3	6:26	4:49	
3	Wed	4:38	3.9	4:57	3.7	10:53	0.4	11:00	0.2	6:27	4:48	
4	Thu	5:21	4.0	5:41	3.7	11:36	0.3	11:40	0.2	6:28	4:47	
5	Fri	6:00	4.1	6:21	3.7			12:18	0.2	6:29	4:46	
6	Sat	6:37	4.2	7:00	3.7	12:19	0.2	1:00	0.2	6:30	4:45	
7	Sun	7:11	4.2	7:38	3.6	12:58	0.2	1:41	0.2	6:31	4:44	
8	Mon	7:45	4.1	8:16	3.5	1:36	0.3	2:20	0.2	6:33	4:43	
9	Tue	8:17	4.0	8:54	3.4	2:13	0.4	2:58	0.3	6:34	4:42	
10	Wed	8:50	3.9	9:36	3.2	2:49	0.5	3:34	0.3	6:35	4:41	
11	Thu	9:26	3.8	10:22	3.2	3:24	0.6	4:12	0.4	6:36	4:40	
12	Fri	10:10	3.7	11:13	3.2	4:01	0.7	4:53	0.5	6:37	4:39	
13	Sat	11:05	3.7			4:45	0.7	5:44	0.6	6:38	4:38	
14	Sun	12:06	3.2	12:03	3.6	5:46	0.8	6:45	0.5	6:40	4:37	
15	Mon	12:59	3.4	1:02	3.6	7:02	0.8	7:48	0.4	6:41	4:36	
16	Tue	1:54	3.6	2:03	3.7	8:15	0.6	8:47	0.2	6:42	4:35	
17	Wed	2:53	3.9	3:08	3.7	9:19	0.3	9:41	0.0	6:43	4:35	
18	Thu	3:53	4.2	4:13	3.9	10:17	0.0	10:33	-0.3	6:44	4:34	
19	Fri	4:50	4.5	5:12	4.0	11:13	-0.3	11:25	-0.4	6:45	4:33	
20	Sat	5:43	4.8	6:06	4.1			12:07	-0.5	6:47	4:33	
21	Sun	6:34	5.0	6:59	4.2	12:18	-0.5	1:02	-0.6	6:48	4:32	
22	Mon	7:25	5.0	7:52	4.1	1:11	-0.6	1:55	-0.7	6:49	4:31	
23	Tue	8:16	4.9	8:46	4.0	2:04	-0.5	2:46	-0.6	6:50	4:31	
24	Wed	9:10	4.6	9:43	3.8	2:55	-0.3	3:35	-0.5	6:51	4:30	
25	Thu	10:05	4.3	10:42	3.7	3:45	-0.1	4:25	-0.3	6:52	4:30	
26	Fri	11:03	4.1	11:41	3.6	4:38	0.2	5:18	-0.1	6:53	4:29	
27	Sat	11:58	3.8			5:36	0.4	6:14	0.1	6:54	4:29	
28	Sun	12:35	3.5	12:51	3.6	6:41	0.6	7:12	0.3	6:55	4:29	
29	Mon	1:27	3.5	1:43	3.4	7:46	0.7	8:07	0.3	6:56	4:28	
30	Tue	2:19	3.5	2:36	3.3	8:45	0.6	8:57	0.3	6:57	4:28	