

Jones Inlet, NY - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:11	3.4	5:39	4.1	11:15	0.4			5:27	8:29	
2	Sun	6:04	3.4	6:25	4.1	12:05	0.4	11:59 AM	0.4	5:27	8:28	
3	Mon	6:51	3.5	7:07	4.2	12:50	0.3	12:43	0.4	5:28	8:28	
4	Tue	7:35	3.5	7:46	4.2	1:34	0.2	1:27	0.4	5:28	8:28	
5	Wed	8:17	3.6	8:24	4.2	2:17	0.2	2:10	0.4	5:29	8:28	
6	Thu	8:58	3.6	9:00	4.1	2:58	0.2	2:52	0.4	5:29	8:28	
7	Fri	9:39	3.5	9:36	4.0	3:36	0.2	3:32	0.5	5:30	8:27	
8	Sat	10:20	3.5	10:11	3.9	4:12	0.2	4:10	0.6	5:31	8:27	
9	Sun	11:01	3.5	10:48	3.7	4:46	0.3	4:47	0.7	5:31	8:27	
10	Mon	11:43	3.5	11:29	3.6	5:19	0.3	5:25	0.7	5:32	8:26	
11	Tue			12:26	3.5	5:54	0.4	6:10	0.8	5:33	8:26	
12	Wed	12:16	3.6	1:10	3.6	6:35	0.5	7:09	0.9	5:33	8:25	
13	Thu	1:08	3.5	1:57	3.8	7:28	0.5	8:18	0.8	5:34	8:25	
14	Fri	2:02	3.5	2:49	4.0	8:30	0.5	9:27	0.7	5:35	8:24	
15	Sat	3:02	3.4	3:48	4.2	9:33	0.4	10:29	0.4	5:36	8:24	
16	Sun	4:10	3.5	4:51	4.4	10:34	0.2	11:28	0.1	5:36	8:23	
17	Mon	5:19	3.6	5:52	4.6	11:32	0.0			5:37	8:23	
18	Tue	6:21	3.9	6:49	4.9	12:23	-0.1	12:29	-0.1	5:38	8:22	
19	Wed	7:17	4.1	7:42	5.0	1:18	-0.4	1:26	-0.3	5:39	8:21	
20	Thu	8:12	4.2	8:34	5.0	2:12	-0.5	2:23	-0.3	5:40	8:20	
21	Fri	9:06	4.3	9:27	4.9	3:04	-0.7	3:18	-0.3	5:41	8:20	
22	Sat	10:01	4.4	10:21	4.7	3:54	-0.7	4:10	-0.3	5:41	8:19	
23	Sun	10:57	4.3	11:16	4.5	4:41	-0.6	5:02	-0.1	5:42	8:18	
24	Mon	11:53	4.2			5:29	-0.4	5:55	0.2	5:43	8:17	
25	Tue	12:11	4.2	12:47	4.1	6:18	-0.1	6:54	0.4	5:44	8:16	
26	Wed	1:05	3.9	1:39	4.1	7:11	0.1	7:56	0.6	5:45	8:16	
27	Thu	1:57	3.7	2:29	4.0	8:07	0.4	8:59	0.7	5:46	8:15	
28	Fri	2:49	3.5	3:20	3.9	9:03	0.5	9:58	0.7	5:47	8:14	
29	Sat	3:44	3.3	4:14	3.8	9:56	0.6	10:50	0.6	5:48	8:13	
30	Sun	4:41	3.3	5:08	3.9	10:45	0.6	11:38	0.5	5:49	8:12	
31	Mon	5:36	3.3	5:57	4.0	11:32	0.5			5:50	8:11	