

Jones Inlet, NY - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:38	4.7	8:06	3.8	1:29	-0.3	2:14	-0.6	6:58	4:28	
2	Sat	8:28	4.6	8:59	3.8	2:19	-0.4	3:02	-0.6	6:59	4:27	
3	Sun	9:22	4.5	9:58	3.7	3:09	-0.3	3:52	-0.5	7:00	4:27	
4	Mon	10:20	4.3	10:59	3.7	4:01	-0.2	4:43	-0.4	7:01	4:27	
5	Tue	11:21	4.1			4:58	0.0	5:41	-0.3	7:02	4:27	
6	Wed	12:01	3.7	12:20	3.9	6:04	0.2	6:42	-0.1	7:03	4:27	
7	Thu	12:59	3.7	1:18	3.8	7:15	0.3	7:44	-0.1	7:04	4:27	
8	Fri	1:56	3.8	2:16	3.6	8:23	0.3	8:43	-0.1	7:05	4:27	
9	Sat	2:54	3.8	3:16	3.5	9:24	0.2	9:36	-0.1	7:06	4:27	
10	Sun	3:52	3.9	4:15	3.5	10:18	0.0	10:25	-0.2	7:06	4:27	
11	Mon	4:46	4.0	5:08	3.5	11:09	-0.1	11:11	-0.2	7:07	4:27	
12	Tue	5:33	4.1	5:56	3.5	11:56	-0.2	11:55	-0.1	7:08	4:27	
13	Wed	6:16	4.1	6:40	3.5			12:42	-0.2	7:09	4:27	
14	Thu	6:56	4.1	7:23	3.5	12:39	-0.1	1:25	-0.2	7:10	4:27	
15	Fri	7:35	4.0	8:05	3.4	1:21	-0.1	2:07	-0.2	7:10	4:28	
16	Sat	8:13	3.9	8:47	3.3	2:02	0.0	2:46	-0.1	7:11	4:28	
17	Sun	8:51	3.8	9:31	3.2	2:41	0.1	3:23	-0.1	7:12	4:28	
18	Mon	9:30	3.6	10:16	3.1	3:19	0.2	3:59	0.1	7:12	4:29	
19	Tue	10:11	3.4	11:03	3.0	3:56	0.4	4:36	0.2	7:13	4:29	
20	Wed	10:54	3.3	11:49	3.0	4:36	0.5	5:16	0.3	7:13	4:29	
21	Thu	11:40	3.1			5:23	0.7	6:02	0.4	7:14	4:30	
22	Fri	12:34	3.1	12:28	3.1	6:23	0.7	6:57	0.4	7:14	4:30	
23	Sat	1:19	3.1	1:18	3.0	7:31	0.7	7:55	0.3	7:15	4:31	
24	Sun	2:07	3.3	2:14	3.0	8:36	0.5	8:50	0.2	7:15	4:32	
25	Mon	3:02	3.5	3:17	3.1	9:34	0.3	9:43	0.0	7:16	4:32	
26	Tue	3:59	3.7	4:20	3.2	10:29	0.0	10:34	-0.2	7:16	4:33	
27	Wed	4:53	4.0	5:17	3.4	11:21	-0.3	11:26	-0.4	7:16	4:33	
28	Thu	5:44	4.3	6:09	3.6			12:13	-0.5	7:17	4:34	
29	Fri	6:34	4.5	7:00	3.7	12:18	-0.5	1:06	-0.7	7:17	4:35	
30	Sat	7:24	4.6	7:52	3.8	1:12	-0.6	1:57	-0.9	7:17	4:36	
31	Sun	8:15	4.6	8:47	3.8	2:05	-0.7	2:46	-0.9	7:17	4:36	