

Jones Inlet, NY - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:10	4.5	9:44	3.8	2:57	-0.7	3:36	-0.9	7:17	4:37	
2	Tue	10:06	4.3	10:43	3.7	3:49	-0.5	4:26	-0.8	7:18	4:38	
3	Wed	11:04	4.0	11:42	3.7	4:44	-0.3	5:19	-0.6	7:18	4:39	
4	Thu			12:01	3.8	5:45	-0.1	6:16	-0.4	7:18	4:40	
5	Fri	12:38	3.7	12:57	3.5	6:52	0.1	7:16	-0.2	7:18	4:41	
6	Sat	1:33	3.6	1:52	3.3	8:00	0.2	8:15	-0.1	7:18	4:42	
7	Sun	2:28	3.6	2:50	3.2	9:02	0.1	9:10	-0.1	7:17	4:43	
8	Mon	3:26	3.6	3:50	3.1	9:58	0.1	10:00	-0.1	7:17	4:44	
9	Tue	4:22	3.6	4:46	3.1	10:48	0.0	10:47	-0.1	7:17	4:45	
10	Wed	5:11	3.7	5:36	3.2	11:35	-0.1	11:32	-0.1	7:17	4:46	
11	Thu	5:55	3.8	6:20	3.2			12:20	-0.2	7:17	4:47	
12	Fri	6:36	3.8	7:02	3.3	12:15	-0.1	1:03	-0.2	7:17	4:48	
13	Sat	7:14	3.8	7:43	3.3	12:58	-0.1	1:44	-0.3	7:16	4:49	
14	Sun	7:51	3.7	8:23	3.2	1:40	-0.1	2:22	-0.3	7:16	4:50	
15	Mon	8:27	3.6	9:02	3.2	2:19	-0.1	2:58	-0.2	7:15	4:51	
16	Tue	9:02	3.5	9:42	3.1	2:57	0.0	3:32	-0.2	7:15	4:52	
17	Wed	9:38	3.3	10:23	3.0	3:33	0.1	4:04	-0.1	7:15	4:53	
18	Thu	10:15	3.2	11:05	3.0	4:09	0.2	4:37	0.0	7:14	4:54	
19	Fri	10:57	3.1	11:48	3.0	4:48	0.3	5:14	0.1	7:14	4:55	
20	Sat	11:46	3.0			5:38	0.4	6:00	0.2	7:13	4:57	
21	Sun	12:34	3.1	12:38	2.9	6:45	0.5	7:01	0.2	7:12	4:58	
22	Mon	1:24	3.3	1:36	2.9	7:58	0.4	8:08	0.1	7:12	4:59	
23	Tue	2:21	3.4	2:42	2.9	9:04	0.2	9:11	0.0	7:11	5:00	
24	Wed	3:25	3.6	3:52	3.0	10:04	-0.1	10:10	-0.2	7:10	5:01	
25	Thu	4:29	3.9	4:57	3.3	11:00	-0.4	11:07	-0.5	7:10	5:03	
26	Fri	5:26	4.2	5:53	3.5	11:54	-0.7			7:09	5:04	
27	Sat	6:19	4.5	6:46	3.8	12:02	-0.7	12:47	-0.9	7:08	5:05	
28	Sun	7:10	4.6	7:38	3.9	12:58	-0.8	1:39	-1.1	7:07	5:06	
29	Mon	8:01	4.6	8:31	4.0	1:52	-0.9	2:28	-1.2	7:07	5:07	
30	Tue	8:53	4.4	9:24	4.0	2:44	-0.9	3:16	-1.1	7:06	5:09	
31	Wed	9:47	4.2	10:20	3.9	3:34	-0.8	4:03	-1.0	7:05	5:10	