

Jones Inlet, NY - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:27	4.3	4:52	4.3	10:47	-0.1	11:06	-0.4	6:24	4:51	
2	Fri	5:22	4.6	5:45	4.4	11:41	-0.3	11:56	-0.5	6:25	4:50	
3	Sat	6:11	4.8	6:35	4.4			12:34	-0.4	6:26	4:49	
4	Sun	6:59	4.9	7:24	4.3	12:45	-0.5	1:25	-0.4	6:27	4:48	
5	Mon	7:45	4.8	8:13	4.2	1:33	-0.4	2:15	-0.4	6:28	4:47	
6	Tue	8:32	4.6	9:04	4.0	2:20	-0.2	3:02	-0.2	6:29	4:46	
7	Wed	9:20	4.4	9:56	3.7	3:04	0.0	3:48	0.0	6:31	4:44	
8	Thu	10:11	4.1	10:51	3.5	3:48	0.2	4:34	0.2	6:32	4:43	
9	Fri	11:03	3.8	11:45	3.4	4:33	0.5	5:25	0.4	6:33	4:42	
10	Sat	11:56	3.6			5:24	0.8	6:21	0.6	6:34	4:41	
11	Sun	12:38	3.3	12:47	3.5	6:25	0.9	7:19	0.7	6:35	4:40	
12	Mon	1:28	3.3	1:37	3.4	7:29	1.0	8:14	0.7	6:36	4:40	
13	Tue	2:20	3.3	2:29	3.3	8:30	0.9	9:04	0.6	6:38	4:39	
14	Wed	3:12	3.4	3:23	3.3	9:23	0.8	9:48	0.4	6:39	4:38	
15	Thu	4:03	3.6	4:15	3.4	10:11	0.6	10:30	0.3	6:40	4:37	
16	Fri	4:49	3.8	5:02	3.5	10:57	0.4	11:10	0.2	6:41	4:36	
17	Sat	5:30	4.0	5:45	3.6	11:41	0.2	11:51	0.1	6:42	4:35	
18	Sun	6:08	4.1	6:24	3.6			12:25	0.1	6:43	4:34	
19	Mon	6:44	4.3	7:02	3.6	12:31	0.1	1:09	0.0	6:45	4:34	
20	Tue	7:20	4.3	7:41	3.6	1:12	0.1	1:53	-0.1	6:46	4:33	
21	Wed	7:58	4.3	8:23	3.6	1:53	0.1	2:36	-0.1	6:47	4:32	
22	Thu	8:40	4.3	9:10	3.5	2:35	0.1	3:19	-0.1	6:48	4:32	
23	Fri	9:28	4.2	10:05	3.4	3:17	0.2	4:04	-0.1	6:49	4:31	
24	Sat	10:24	4.1	11:06	3.4	4:04	0.2	4:54	0.0	6:50	4:31	
25	Sun	11:26	4.0			4:59	0.4	5:52	0.1	6:51	4:30	
26	Mon	12:07	3.5	12:27	3.9	6:09	0.5	6:56	0.1	6:52	4:30	
27	Tue	1:07	3.6	1:27	3.8	7:24	0.4	7:59	0.0	6:54	4:29	
28	Wed	2:06	3.8	2:28	3.8	8:34	0.3	8:58	-0.1	6:55	4:29	
29	Thu	3:07	4.0	3:31	3.8	9:37	0.1	9:53	-0.3	6:56	4:28	
30	Fri	4:08	4.2	4:32	3.8	10:33	-0.1	10:44	-0.4	6:57	4:28	