

Jones Inlet, NY - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:22	4.1	6:49	3.5	12:01	-0.3	12:51	-0.4	7:17	4:37	
2	Wed	7:06	4.1	7:34	3.5	12:49	-0.3	1:37	-0.4	7:18	4:38	
3	Thu	7:47	4.0	8:18	3.4	1:34	-0.2	2:19	-0.4	7:18	4:39	
4	Fri	8:29	3.9	9:03	3.3	2:17	-0.1	2:59	-0.3	7:18	4:40	
5	Sat	9:10	3.7	9:49	3.2	2:57	0.0	3:37	-0.2	7:18	4:40	
6	Sun	9:53	3.5	10:36	3.1	3:36	0.1	4:14	-0.1	7:18	4:41	
7	Mon	10:37	3.3	11:23	3.0	4:16	0.3	4:52	0.1	7:18	4:42	
8	Tue	11:22	3.1			4:59	0.5	5:34	0.2	7:17	4:43	
9	Wed	12:08	3.0	12:07	3.0	5:50	0.6	6:22	0.3	7:17	4:44	
10	Thu	12:53	3.0	12:53	2.8	6:53	0.7	7:17	0.4	7:17	4:45	
11	Fri	1:38	3.1	1:43	2.8	7:58	0.6	8:13	0.3	7:17	4:46	
12	Sat	2:27	3.2	2:39	2.7	8:58	0.5	9:06	0.2	7:17	4:47	
13	Sun	3:21	3.3	3:40	2.8	9:53	0.3	9:57	0.1	7:16	4:48	
14	Mon	4:16	3.5	4:39	2.9	10:44	0.0	10:46	-0.1	7:16	4:50	
15	Tue	5:07	3.8	5:31	3.1	11:34	-0.2	11:35	-0.3	7:16	4:51	
16	Wed	5:54	4.1	6:19	3.3			12:23	-0.5	7:15	4:52	
17	Thu	6:40	4.3	7:06	3.5	12:25	-0.4	1:12	-0.7	7:15	4:53	
18	Fri	7:26	4.4	7:54	3.6	1:16	-0.6	2:00	-0.8	7:14	4:54	
19	Sat	8:15	4.4	8:44	3.7	2:07	-0.7	2:46	-0.9	7:14	4:55	
20	Sun	9:06	4.3	9:38	3.7	2:56	-0.7	3:32	-0.9	7:13	4:56	
21	Mon	10:00	4.1	10:35	3.7	3:46	-0.6	4:19	-0.8	7:13	4:57	
22	Tue	10:57	3.9	11:33	3.7	4:40	-0.4	5:10	-0.6	7:12	4:59	
23	Wed	11:54	3.7			5:40	-0.2	6:06	-0.5	7:11	5:00	
24	Thu	12:29	3.7	12:51	3.4	6:48	0.0	7:07	-0.3	7:11	5:01	
25	Fri	1:26	3.6	1:49	3.2	7:57	0.0	8:10	-0.2	7:10	5:02	
26	Sat	2:24	3.6	2:50	3.1	9:03	0.0	9:09	-0.2	7:09	5:03	
27	Sun	3:25	3.6	3:54	3.1	10:01	-0.1	10:04	-0.2	7:08	5:05	
28	Mon	4:25	3.6	4:53	3.1	10:54	-0.2	10:54	-0.2	7:08	5:06	
29	Tue	5:18	3.7	5:45	3.2	11:43	-0.3	11:42	-0.2	7:07	5:07	
30	Wed	6:05	3.8	6:31	3.3			12:30	-0.3	7:06	5:08	
31	Thu	6:47	3.8	7:14	3.4	12:29	-0.2	1:14	-0.4	7:05	5:10	