

Jones Inlet, NY - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:04	3.7	7:29	3.5	12:51	-0.2	1:25	-0.3	6:27	5:45	
2	Sun	7:41	3.7	8:06	3.6	1:32	-0.2	2:01	-0.3	6:25	5:46	
3	Mon	8:16	3.6	8:42	3.5	2:11	-0.2	2:36	-0.2	6:24	5:48	
4	Tue	8:51	3.4	9:17	3.4	2:48	-0.1	3:08	-0.1	6:22	5:49	
5	Wed	9:25	3.3	9:52	3.4	3:24	0.0	3:38	0.0	6:21	5:50	
6	Thu	10:01	3.1	10:29	3.3	3:58	0.1	4:07	0.1	6:19	5:51	
7	Fri	10:41	3.0	11:10	3.3	4:35	0.2	4:38	0.3	6:18	5:52	
8	Sat	11:28	2.9	11:57	3.3	5:19	0.4	5:17	0.4	6:16	5:53	
9	Sun			12:21	2.8	6:20	0.5	6:17	0.5	6:14	5:54	
10	Mon	12:51	3.3	1:20	2.8	7:34	0.5	7:37	0.5	6:13	5:55	
11	Tue	1:51	3.4	2:25	2.9	8:43	0.3	8:51	0.3	6:11	5:56	
12	Wed	2:59	3.6	3:35	3.1	9:44	0.1	9:55	0.1	6:10	5:57	
13	Thu	4:07	3.8	4:40	3.4	10:39	-0.2	10:53	-0.2	6:08	5:59	
14	Fri	5:07	4.1	5:35	3.8	11:31	-0.5	11:48	-0.5	6:06	6:00	
15	Sat	6:01	4.3	6:26	4.1			12:22	-0.8	6:05	6:01	
16	Sun	6:51	4.5	7:16	4.4	12:43	-0.8	1:11	-0.9	6:03	6:02	
17	Mon	7:41	4.5	8:05	4.5	1:36	-0.9	2:00	-1.0	6:01	6:03	
18	Tue	8:32	4.4	8:56	4.5	2:28	-0.9	2:47	-1.0	6:00	6:04	
19	Wed	9:24	4.2	9:49	4.3	3:18	-0.8	3:33	-0.8	5:58	6:05	
20	Thu	10:19	3.9	10:44	4.1	4:08	-0.6	4:20	-0.5	5:56	6:06	
21	Fri	11:16	3.7	11:40	3.9	5:01	-0.3	5:12	-0.2	5:55	6:07	
22	Sat			12:13	3.4	6:01	0.0	6:10	0.2	5:53	6:08	
23	Sun	12:36	3.7	1:10	3.2	7:07	0.2	7:15	0.4	5:51	6:09	
24	Mon	1:32	3.5	2:08	3.1	8:13	0.3	8:21	0.5	5:50	6:10	
25	Tue	2:30	3.4	3:08	3.1	9:13	0.3	9:20	0.5	5:48	6:11	
26	Wed	3:30	3.3	4:06	3.2	10:04	0.2	10:12	0.4	5:46	6:12	
27	Thu	4:28	3.4	4:58	3.4	10:50	0.2	10:59	0.2	5:45	6:13	
28	Fri	5:16	3.5	5:43	3.5	11:31	0.1	11:43	0.1	5:43	6:14	
29	Sat	5:59	3.6	6:23	3.7			12:11	0.0	5:42	6:15	
30	Sun	6:37	3.7	7:00	3.8	12:26	0.0	12:50	-0.1	5:40	6:16	
31	Mon	7:14	3.7	7:35	3.9	1:08	-0.1	1:28	-0.1	5:38	6:18	