

Jones Inlet, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:18	3.5	10:43	4.0	4:12	-0.4	4:19	-0.5	6:28	5:45	
2	Fri	11:16	3.3	11:42	3.8	5:06	-0.2	5:09	-0.2	6:26	5:46	
3	Sat			12:17	3.1	6:12	0.1	6:13	0.1	6:24	5:47	
4	Sun	12:43	3.7	1:20	3.0	7:26	0.2	7:27	0.2	6:23	5:48	
5	Mon	1:47	3.5	2:26	2.9	8:38	0.2	8:40	0.2	6:21	5:49	
6	Tue	2:55	3.5	3:35	3.0	9:41	0.1	9:45	0.1	6:20	5:50	
7	Wed	4:03	3.5	4:39	3.2	10:36	-0.1	10:41	0.0	6:18	5:52	
8	Thu	5:02	3.6	5:32	3.4	11:25	-0.2	11:32	-0.1	6:17	5:53	
9	Fri	5:51	3.7	6:17	3.6			12:09	-0.3	6:15	5:54	
10	Sat	6:33	3.8	6:58	3.8	12:20	-0.2	12:51	-0.4	6:13	5:55	
11	Sun	7:13	3.8	7:36	3.9	1:05	-0.3	1:30	-0.4	6:12	5:56	
12	Mon	7:50	3.7	8:13	3.8	1:47	-0.3	2:06	-0.3	6:10	5:57	
13	Tue	8:28	3.5	8:50	3.8	2:26	-0.2	2:39	-0.2	6:09	5:58	
14	Wed	9:05	3.3	9:26	3.6	3:03	-0.1	3:10	0.0	6:07	5:59	
15	Thu	9:43	3.1	10:03	3.5	3:39	0.0	3:40	0.2	6:05	6:00	
16	Fri	10:24	2.9	10:44	3.3	4:15	0.2	4:10	0.4	6:04	6:01	
17	Sat	11:10	2.8	11:28	3.2	4:54	0.4	4:43	0.6	6:02	6:02	
18	Sun			12:00	2.6	5:44	0.6	5:27	0.7	6:00	6:03	
19	Mon	12:18	3.1	12:52	2.6	6:51	0.7	6:39	0.9	5:59	6:05	
20	Tue	1:12	3.1	1:50	2.6	8:02	0.7	8:02	0.8	5:57	6:06	
21	Wed	2:12	3.2	2:53	2.7	9:03	0.5	9:10	0.6	5:55	6:07	
22	Thu	3:17	3.3	3:55	3.0	9:56	0.3	10:07	0.4	5:54	6:08	
23	Fri	4:18	3.5	4:50	3.3	10:43	0.0	10:59	0.1	5:52	6:09	
24	Sat	5:11	3.8	5:37	3.7	11:29	-0.2	11:50	-0.2	5:50	6:10	
25	Sun	5:59	4.0	6:21	4.1			12:14	-0.4	5:49	6:11	
26	Mon	6:44	4.1	7:05	4.4	12:41	-0.4	12:59	-0.6	5:47	6:12	
27	Tue	7:30	4.1	7:50	4.5	1:32	-0.6	1:44	-0.6	5:46	6:13	
28	Wed	8:18	4.0	8:38	4.5	2:21	-0.7	2:29	-0.6	5:44	6:14	
29	Thu	9:10	3.8	9:29	4.4	3:10	-0.6	3:14	-0.5	5:42	6:15	
30	Fri	10:06	3.6	10:26	4.2	4:00	-0.4	4:02	-0.3	5:41	6:16	
31	Sat	11:07	3.4	11:28	4.0	4:55	-0.2	4:56	0.0	5:39	6:17	