

Jones Inlet, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:45	3.2	3:23	3.8	9:05	0.6	9:53	0.9	5:27	8:29	
2	Mon	3:37	3.1	4:13	3.8	9:53	0.7	10:45	0.8	5:27	8:28	
3	Tue	4:33	3.0	5:05	3.9	10:40	0.7	11:33	0.6	5:28	8:28	
4	Wed	5:30	3.0	5:54	4.0	11:26	0.7			5:28	8:28	
5	Thu	6:21	3.1	6:39	4.1	12:19	0.5	12:11	0.6	5:29	8:28	
6	Fri	7:06	3.2	7:20	4.1	1:04	0.4	12:56	0.6	5:29	8:28	
7	Sat	7:48	3.3	7:58	4.2	1:49	0.3	1:41	0.6	5:30	8:27	
8	Sun	8:28	3.4	8:35	4.2	2:32	0.2	2:26	0.5	5:31	8:27	
9	Mon	9:07	3.4	9:12	4.2	3:12	0.1	3:08	0.5	5:31	8:27	
10	Tue	9:46	3.5	9:51	4.1	3:50	0.1	3:49	0.5	5:32	8:26	
11	Wed	10:27	3.5	10:33	4.0	4:25	0.1	4:29	0.5	5:33	8:26	
12	Thu	11:12	3.7	11:20	3.9	5:01	0.1	5:12	0.6	5:34	8:25	
13	Fri			12:01	3.8	5:39	0.1	6:02	0.6	5:34	8:25	
14	Sat	12:13	3.8	12:52	3.9	6:22	0.2	7:05	0.7	5:35	8:24	
15	Sun	1:08	3.6	1:45	4.1	7:15	0.2	8:18	0.7	5:36	8:24	
16	Mon	2:06	3.5	2:41	4.2	8:18	0.3	9:30	0.6	5:37	8:23	
17	Tue	3:08	3.4	3:43	4.3	9:24	0.3	10:35	0.4	5:37	8:22	
18	Wed	4:17	3.4	4:50	4.4	10:28	0.2	11:35	0.2	5:38	8:22	
19	Thu	5:27	3.5	5:54	4.5	11:29	0.1			5:39	8:21	
20	Fri	6:29	3.7	6:52	4.7	12:32	0.0	12:27	0.0	5:40	8:20	
21	Sat	7:25	3.9	7:44	4.7	1:26	-0.1	1:24	0.0	5:41	8:20	
22	Sun	8:18	4.0	8:33	4.7	2:18	-0.3	2:19	0.0	5:42	8:19	
23	Mon	9:08	4.1	9:21	4.5	3:07	-0.3	3:11	0.0	5:42	8:18	
24	Tue	9:58	4.1	10:09	4.3	3:51	-0.3	3:58	0.1	5:43	8:17	
25	Wed	10:47	4.0	10:56	4.0	4:33	-0.2	4:44	0.3	5:44	8:16	
26	Thu	11:36	3.9	11:44	3.8	5:12	0.0	5:29	0.5	5:45	8:15	
27	Fri			12:24	3.9	5:52	0.3	6:17	0.7	5:46	8:15	
28	Sat	12:32	3.5	1:10	3.8	6:33	0.5	7:11	0.9	5:47	8:14	
29	Sun	1:19	3.3	1:55	3.7	7:20	0.7	8:11	1.0	5:48	8:13	
30	Mon	2:07	3.1	2:41	3.7	8:12	0.8	9:13	1.0	5:49	8:12	
31	Tue	2:57	3.0	3:31	3.7	9:08	0.9	10:10	0.9	5:50	8:11	