































## Jones Inlet, NY - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:52	2.9			5:47	0.3	5:48	0.3	6:27	5:45	
2	Sun	12:26	3.4	12:51	2.9	6:59	0.4	7:04	0.3	6:26	5:46	
3	Mon	1:26	3.5	1:56	3.0	8:13	0.3	8:23	0.2	6:24	5:47	
4	Tue	2:32	3.6	3:07	3.1	9:19	0.0	9:31	0.0	6:22	5:49	
5	Wed	3:42	3.8	4:16	3.4	10:18	-0.2	10:32	-0.3	6:21	5:50	
6	Thu	4:47	4.0	5:17	3.7	11:12	-0.5	11:29	-0.6	6:19	5:51	
7	Fri	5:43	4.3	6:10	4.1			12:05	-0.8	6:18	5:52	
8	Sat	6:35	4.5	7:01	4.3	12:25	-0.8	12:56	-1.0	6:16	5:53	
9	Sun	7:26	4.5	7:51	4.4	1:19	-0.9	1:45	-1.0	6:15	5:54	
10	Mon	8:16	4.4	8:41	4.4	2:11	-0.9	2:32	-1.0	6:13	5:55	
11	Tue	9:07	4.2	9:32	4.3	3:01	-0.9	3:18	-0.9	6:11	5:56	
12	Wed	9:59	4.0	10:24	4.1	3:49	-0.7	4:03	-0.6	6:10	5:57	
13	Thu	10:54	3.7	11:18	3.8	4:39	-0.4	4:50	-0.3	6:08	5:58	
14	Fri	11:49	3.4			5:34	0.0	5:43	0.1	6:06	5:59	
15	Sat	12:12	3.6	12:43	3.2	6:35	0.2	6:42	0.4	6:05	6:01	
16	Sun	1:05	3.4	1:38	3.0	7:40	0.4	7:46	0.5	6:03	6:02	
17	Mon	1:59	3.3	2:34	3.0	8:42	0.4	8:47	0.5	6:02	6:03	
18	Tue	2:57	3.2	3:33	3.0	9:36	0.3	9:41	0.4	6:00	6:04	
19	Wed	3:55	3.2	4:29	3.2	10:23	0.2	10:30	0.3	5:58	6:05	
20	Thu	4:48	3.4	5:17	3.3	11:06	0.1	11:16	0.2	5:57	6:06	
21	Fri	5:34	3.5	5:59	3.5	11:47	0.0	11:59	0.0	5:55	6:07	
22	Sat	6:14	3.6	6:38	3.7			12:27	-0.1	5:53	6:08	
23	Sun	6:51	3.6	7:14	3.8	12:42	-0.1	1:06	-0.1	5:52	6:09	
24	Mon	7:26	3.6	7:48	3.8	1:23	-0.1	1:43	-0.1	5:50	6:10	
25	Tue	8:00	3.6	8:21	3.8	2:03	-0.1	2:18	-0.1	5:48	6:11	
26	Wed	8:34	3.5	8:53	3.8	2:41	-0.1	2:50	0.0	5:47	6:12	
27	Thu	9:09	3.4	9:29	3.7	3:17	-0.1	3:22	0.1	5:45	6:13	
28	Fri	9:50	3.3	10:11	3.7	3:54	0.0	3:55	0.2	5:43	6:14	
29	Sat	10:39	3.2	11:03	3.7	4:36	0.1	4:34	0.3	5:42	6:15	
30	Sun	11:37	3.1			5:28	0.3	5:27	0.4	5:40	6:16	
31	Mon	12:03	3.7	12:38	3.2	6:36	0.3	6:44	0.5	5:38	6:17	