US HARBORS www.USHarbors.com

Jones Inlet, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:06	4.2	5:40	3.4	11:43	-0.4	11:38	-0.5	7:17	4:38	
2	Fri	6:02	4.4	6:35	3.5			12:38	-0.6	7:17	4:38	
3	Sat	6:55	4.5	7:28	3.6	12:35	-0.5	1:31	-0.7	7:17	4:39	
4	Sun	7:46	4.4	8:20	3.6	1:30	-0.5	2:21	-0.8	7:18	4:40	
5	Mon	8:36	4.3	9:13	3.6	2:22	-0.5	3:08	-0.7	7:17	4:41	
6	Tue	9:26	4.0	10:05	3.5	3:11	-0.4	3:52	-0.6	7:17	4:42	
7	Wed	10:17	3.8	10:58	3.5	3:58	-0.2	4:36	-0.4	7:17	4:43	
8	Thu	11:07	3.5	11:48	3.4	4:47	0.1	5:20	-0.2	7:17	4:44	
9	Fri	11:56	3.2			5:40	0.3	6:07	0.1	7:17	4:45	
10	Sat	12:35	3.3	12:44	2.9	6:38	0.5	6:58	0.2	7:17	4:46	
11	Sun	1:22	3.3	1:33	2.7	7:41	0.5	7:50	0.4	7:17	4:47	
12	Mon	2:09	3.2	2:25	2.6	8:41	0.5	8:43	0.4	7:16	4:48	
13	Tue	3:02	3.2	3:24	2.5	9:35	0.4	9:33	0.4	7:16	4:49	
14	Wed	3:57	3.3	4:23	2.6	10:25	0.3	10:21	0.3	7:16	4:50	
15	Thu	4:49	3.4	5:15	2.7	11:12	0.2	11:07	0.2	7:15	4:51	
16	Fri	5:35	3.5	6:01	2.8	11:57	0.0	11:52	0.2	7:15	4:53	
17	Sat	6:16	3.7	6:42	2.9			12:41	-0.1	7:14	4:54	
18	Sun	6:54	3.7	7:20	3.0	12:37	0.1	1:24	-0.2	7:14	4:55	
19	Mon	7:31	3.8	7:57	3.1	1:21	0.0	2:03	-0.3	7:13	4:56	
20	Tue	8:07	3.8	8:34	3.2	2:02	-0.1	2:40	-0.4	7:13	4:57	
21	Wed	8:44	3.7	9:13	3.2	2:42	-0.1	3:15	-0.4	7:12	4:58	
22	Thu	9:25	3.6	9:56	3.3	3:21	-0.1	3:49	-0.4	7:11	5:00	
23	Fri	10:11	3.5	10:44	3.4	4:03	0.0	4:26	-0.3	7:11	5:01	
24	Sat	11:02	3.3	11:37	3.5	4:51	0.1	5:08	-0.2	7:10	5:02	
25	Sun	11:59	3.1			5:52	0.2	6:01	-0.1	7:09	5:03	
26	Mon	12:32	3.6	12:59	2.9	7:08	0.3	7:07	0.0	7:08	5:04	
27	Tue	1:32	3.6	2:04	2.8	8:24	0.2	8:20	0.0	7:08	5:06	
28	Wed	2:38	3.7	3:16	2.9	9:32	0.0	9:28	-0.1	7:07	5:07	
29	Thu	3:49	3.8	4:27	3.0	10:33	-0.2	10:30	-0.3	7:06	5:08	
30	Fri	4:55	3.9	5:29	3.2	11:30	-0.4	11:28	-0.4	7:05	5:09	
31	Sat	5:52	4.1	6:23	3.5			12:23	-0.6	7:04	5:10	