US HARBORS www.USHarbors.com

Jones Inlet, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:39	3.9	6:08	3.6			12:02	-0.5	6:27	5:45	
2	Mon	6:26	4.0	6:54	3.8	12:10	-0.4	12:48	-0.6	6:26	5:46	
3	Tue	7:10	4.0	7:37	3.9	12:59	-0.4	1:31	-0.6	6:24	5:47	
4	Wed	7:51	3.9	8:18	3.9	1:45	-0.5	2:11	-0.5	6:22	5:48	
5	Thu	8:32	3.7	8:58	3.8	2:28	-0.4	2:47	-0.4	6:21	5:50	
6	Fri	9:12	3.5	9:38	3.7	3:08	-0.3	3:21	-0.2	6:19	5:51	
7	Sat	9:54	3.2	10:19	3.5	3:46	-0.1	3:53	0.0	6:18	5:52	
8	Sun	11:38	3.0			5:25	0.1	5:26	0.3	7:16	6:53	
9	Mon	12:02	3.4	12:25	2.8	6:07	0.4	6:01	0.5	7:15	6:54	
10	Tue	12:48	3.2	1:15	2.6	6:59	0.6	6:49	0.7	7:13	6:55	
11	Wed	1:36	3.1	2:07	2.5	8:05	0.7	7:59	0.8	7:11	6:56	
12	Thu	2:29	3.0	3:04	2.5	9:14	0.7	9:15	0.8	7:10	6:57	
13	Fri	3:28	3.0	4:08	2.6	10:14	0.6	10:19	0.7	7:08	6:58	
14	Sat	4:31	3.1	5:09	2.8	11:06	0.4	11:13	0.5	7:06	6:59	
15	Sun	5:29	3.3	6:00	3.0	11:52	0.2			7:05	7:00	
16	Mon	6:18	3.6	6:44	3.4	12:02	0.3	12:35	-0.1	7:03	7:02	
17	Tue	7:01	3.8	7:23	3.7	12:49	0.0	1:17	-0.2	7:02	7:03	
18	Wed	7:41	3.9	8:01	3.9	1:36	-0.2	1:58	-0.4	7:00	7:04	
19	Thu	8:22	3.9	8:40	4.1	2:23	-0.4	2:39	-0.5	6:58	7:05	
20	Fri	9:05	3.9	9:22	4.2	3:09	-0.5	3:19	-0.5	6:57	7:06	
21	Sat	9:50	3.7	10:08	4.2	3:54	-0.5	4:00	-0.5	6:55	7:07	
22	Sun	10:41	3.6	11:00	4.1	4:41	-0.4	4:42	-0.3	6:53	7:08	
23	Mon	11:38	3.4	11:59	4.0	5:31	-0.2	5:29	-0.1	6:52	7:09	
24	Tue			12:41	3.2	6:30	0.1	6:27	0.2	6:50	7:10	
25	Wed	1:02	3.8	1:44	3.1	7:41	0.2	7:41	0.4	6:48	7:11	
26	Thu	2:06	3.7	2:49	3.1	8:56	0.3	9:00	0.4	6:47	7:12	
27	Fri	3:12	3.6	3:56	3.2	10:02	0.2	10:10	0.3	6:45	7:13	
28	Sat	4:21	3.6	5:02	3.4	10:59	0.0	11:10	0.2	6:43	7:14	
29	Sun	5:25	3.7	5:59	3.6	11:49	-0.1			6:42	7:15	
30	Mon	6:18	3.8	6:47	3.9	12:03	0.0	12:35	-0.2	6:40	7:16	
31	Tue	7:04	3.8	7:29	4.0	12:52	-0.1	1:18	-0.3	6:38	7:17	