

































Jones Inlet, NY - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:32	4.2	5:00	3.4	11:02	-0.4	11:08	-0.4	7:17	4:38	
2	Wed	5:30	4.3	5:57	3.5	11:57	-0.6			7:17	4:38	
3	Thu	6:23	4.4	6:50	3.6	12:03	-0.5	12:50	-0.7	7:17	4:39	
4	Fri	7:12	4.5	7:41	3.7	12:57	-0.6	1:40	-0.8	7:17	4:40	
5	Sat	8:01	4.4	8:31	3.7	1:49	-0.5	2:27	-0.8	7:17	4:41	
6	Sun	8:49	4.2	9:20	3.6	2:38	-0.4	3:11	-0.7	7:17	4:42	
7	Mon	9:37	3.9	10:10	3.5	3:24	-0.3	3:53	-0.5	7:17	4:43	
8	Tue	10:25	3.6	11:00	3.4	4:09	-0.1	4:34	-0.3	7:17	4:44	
9	Wed	11:14	3.4	11:48	3.3	4:55	0.2	5:16	-0.1	7:17	4:45	
10	Thu			12:02	3.1	5:47	0.4	6:02	0.1	7:17	4:46	
11	Fri	12:34	3.2	12:50	2.9	6:46	0.5	6:53	0.3	7:16	4:47	
12	Sat	1:20	3.2	1:39	2.7	7:49	0.6	7:47	0.4	7:16	4:48	
13	Sun	2:08	3.1	2:33	2.6	8:48	0.5	8:42	0.4	7:16	4:49	
14	Mon	3:02	3.2	3:32	2.6	9:42	0.4	9:34	0.3	7:15	4:50	
15	Tue	3:57	3.3	4:30	2.7	10:31	0.3	10:23	0.2	7:15	4:51	
16	Wed	4:49	3.4	5:20	2.9	11:18	0.1	11:09	0.1	7:15	4:53	
17	Thu	5:34	3.6	6:05	3.0			12:02	-0.1	7:14	4:54	
18	Fri	6:15	3.7	6:45	3.2			12:46	-0.2	7:14	4:55	
19	Sat	6:53	3.8	7:24	3.3	12:40	-0.1	1:28	-0.4	7:13	4:56	
20	Sun	7:30	3.9	8:03	3.4	1:25	-0.2	2:08	-0.5	7:13	4:57	
21	Mon	8:08	3.9	8:44	3.4	2:08	-0.3	2:46	-0.5	7:12	4:58	
22	Tue	8:49	3.8	9:27	3.5	2:51	-0.3	3:23	-0.5	7:11	5:00	
23	Wed	9:34	3.7	10:16	3.6	3:34	-0.3	4:01	-0.5	7:11	5:01	
24	Thu	10:25	3.5	11:09	3.6	4:20	-0.2	4:42	-0.4	7:10	5:02	
25	Fri	11:22	3.3			5:15	-0.1	5:33	-0.2	7:09	5:03	
26	Sat	12:05	3.7	12:21	3.2	6:21	0.1	6:36	-0.1	7:08	5:04	
27	Sun	1:03	3.7	1:23	3.0	7:35	0.1	7:47	-0.1	7:08	5:06	
28	Mon	2:05	3.7	2:30	3.0	8:46	0.0	8:55	-0.1	7:07	5:07	
29	Tue	3:11	3.7	3:41	3.0	9:50	-0.1	9:58	-0.2	7:06	5:08	
30	Wed	4:18	3.9	4:48	3.2	10:47	-0.3	10:56	-0.4	7:05	5:09	
31	Thu	5:17	4.0	5:45	3.4	11:41	-0.5	11:51	-0.5	7:04	5:10	