






























Jones Inlet, NY - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:01	3.8	5:30	3.5	11:20	-0.4	11:37	-0.3	6:27	5:45	
2	Sat	5:52	3.9	6:17	3.7			12:07	-0.5	6:25	5:46	
3	Sun	6:37	4.0	7:00	3.8	12:26	-0.4	12:51	-0.5	6:24	5:47	
4	Mon	7:19	3.9	7:40	3.8	1:12	-0.4	1:33	-0.5	6:22	5:48	
5	Tue	7:59	3.8	8:19	3.8	1:55	-0.4	2:11	-0.4	6:21	5:50	
6	Wed	8:39	3.6	8:57	3.7	2:36	-0.3	2:46	-0.3	6:19	5:51	
7	Thu	9:19	3.4	9:35	3.6	3:14	-0.2	3:20	-0.2	6:18	5:52	
8	Fri	10:01	3.2	10:15	3.4	3:51	0.0	3:52	0.0	6:16	5:53	
9	Sat	10:46	3.0	10:57	3.3	4:29	0.2	4:25	0.2	6:14	5:54	
10	Sun			12:33	2.8	6:11	0.4	6:03	0.5	7:13	6:55	
11	Mon	12:42	3.2	1:23	2.7	7:05	0.6	6:54	0.6	7:11	6:56	
12	Tue	1:30	3.1	2:14	2.7	8:12	0.7	8:03	0.7	7:10	6:57	
13	Wed	2:22	3.1	3:10	2.7	9:19	0.6	9:15	0.7	7:08	6:58	
14	Thu	3:20	3.1	4:11	2.8	10:17	0.5	10:18	0.5	7:06	6:59	
15	Fri	4:24	3.2	5:10	3.0	11:07	0.3	11:13	0.3	7:05	7:01	
16	Sat	5:24	3.4	6:01	3.3	11:54	0.0			7:03	7:02	
17	Sun	6:15	3.7	6:46	3.7	12:03	0.0	12:38	-0.2	7:01	7:03	
18	Mon	7:01	3.9	7:29	4.0	12:53	-0.3	1:22	-0.4	7:00	7:04	
19	Tue	7:45	4.0	8:12	4.3	1:43	-0.5	2:07	-0.5	6:58	7:05	
20	Wed	8:30	4.1	8:56	4.4	2:32	-0.6	2:51	-0.6	6:57	7:06	
21	Thu	9:17	4.0	9:43	4.4	3:21	-0.7	3:35	-0.6	6:55	7:07	
22	Fri	10:07	3.8	10:35	4.4	4:09	-0.7	4:20	-0.5	6:53	7:08	
23	Sat	11:02	3.7	11:31	4.2	4:58	-0.5	5:07	-0.3	6:52	7:09	
24	Sun			12:03	3.5	5:52	-0.3	6:01	-0.1	6:50	7:10	
25	Mon	12:32	4.0	1:05	3.3	6:54	0.0	7:06	0.2	6:48	7:11	
26	Tue	1:33	3.9	2:07	3.3	8:03	0.1	8:20	0.3	6:47	7:12	
27	Wed	2:34	3.7	3:09	3.3	9:11	0.1	9:31	0.3	6:45	7:13	
28	Thu	3:37	3.6	4:14	3.3	10:13	0.1	10:34	0.2	6:43	7:14	
29	Fri	4:41	3.6	5:15	3.5	11:06	0.0	11:29	0.1	6:42	7:15	
30	Sat	5:39	3.7	6:08	3.7	11:54	-0.1			6:40	7:16	
31	Sun	6:29	3.7	6:53	3.9	12:19	0.0	12:38	-0.2	6:38	7:17	