




















## Jones Inlet, NY - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:58	3.6	4:33	4.3	10:19	0.1	11:15	0.2	5:27	8:29	
2	Mon	5:06	3.7	5:35	4.6	11:16	-0.1			5:27	8:28	
3	Tue	6:08	3.9	6:32	4.8	12:12	-0.1	12:12	-0.2	5:28	8:28	
4	Wed	7:06	4.0	7:26	5.0	1:08	-0.3	1:09	-0.3	5:28	8:28	
5	Thu	8:01	4.2	8:19	5.0	2:03	-0.5	2:05	-0.4	5:29	8:28	
6	Fri	8:55	4.2	9:12	4.9	2:56	-0.6	3:01	-0.3	5:30	8:28	
7	Sat	9:51	4.2	10:06	4.7	3:47	-0.6	3:53	-0.3	5:30	8:27	
8	Sun	10:47	4.2	11:01	4.5	4:36	-0.5	4:45	-0.1	5:31	8:27	
9	Mon	11:44	4.1	11:56	4.2	5:24	-0.4	5:37	0.2	5:32	8:27	
10	Tue			12:38	4.1	6:14	-0.1	6:33	0.4	5:32	8:26	
11	Wed	12:50	4.0	1:30	4.0	7:06	0.1	7:34	0.6	5:33	8:26	
12	Thu	1:41	3.7	2:20	3.9	8:01	0.3	8:36	0.7	5:34	8:25	
13	Fri	2:32	3.5	3:09	3.9	8:55	0.5	9:35	0.7	5:34	8:25	
14	Sat	3:24	3.3	4:01	3.9	9:46	0.5	10:28	0.7	5:35	8:24	
15	Sun	4:19	3.2	4:53	3.9	10:34	0.6	11:17	0.6	5:36	8:24	
16	Mon	5:15	3.2	5:43	4.0	11:20	0.5			5:37	8:23	
17	Tue	6:07	3.3	6:28	4.1	12:03	0.5	12:04	0.5	5:38	8:22	
18	Wed	6:53	3.4	7:10	4.2	12:48	0.4	12:48	0.5	5:38	8:22	
19	Thu	7:35	3.5	7:49	4.2	1:31	0.3	1:32	0.5	5:39	8:21	
20	Fri	8:15	3.5	8:26	4.2	2:14	0.2	2:15	0.5	5:40	8:20	
21	Sat	8:54	3.5	9:02	4.2	2:55	0.1	2:57	0.5	5:41	8:20	
22	Sun	9:32	3.5	9:38	4.1	3:33	0.1	3:36	0.5	5:42	8:19	
23	Mon	10:09	3.6	10:15	4.0	4:09	0.1	4:14	0.5	5:43	8:18	
24	Tue	10:49	3.6	10:57	3.9	4:43	0.1	4:52	0.6	5:44	8:17	
25	Wed	11:33	3.7	11:44	3.8	5:19	0.2	5:34	0.6	5:44	8:16	
26	Thu			12:22	3.8	5:58	0.3	6:26	0.7	5:45	8:15	
27	Fri	12:37	3.7	1:13	3.9	6:46	0.3	7:34	0.7	5:46	8:14	
28	Sat	1:33	3.6	2:07	4.0	7:45	0.3	8:47	0.7	5:47	8:14	
29	Sun	2:32	3.6	3:06	4.2	8:51	0.3	9:55	0.5	5:48	8:13	
30	Mon	3:37	3.6	4:10	4.3	9:57	0.2	10:57	0.2	5:49	8:12	
31	Tue	4:47	3.7	5:16	4.5	10:58	0.0	11:55	0.0	5:50	8:10	