

Kingston, NY - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:31	3.6	7:03	2.8	12:12	0.4	1:55	0.5	6:31	5:45	
2	Mon	7:39	3.6	8:19	2.8	1:44	0.5	3:10	0.3	6:29	5:46	
3	Tue	8:57	3.7	9:41	3.1	3:11	0.3	4:13	0.1	6:27	5:48	
4	Wed	10:14	3.9	10:49	3.4	4:20	0.1	5:09	-0.2	6:26	5:49	
5	Thu	11:15	4.2	11:45	3.8	5:20	-0.3	6:01	-0.5	6:24	5:50	
6	Fri			12:08	4.4	6:16	-0.5	6:51	-0.8	6:22	5:51	
7	Sat	12:35	4.1	12:57	4.5	7:10	-0.8	7:39	-1.0	6:21	5:52	
8	Sun	1:23	4.4	1:45	4.5	8:02	-0.9	8:25	-1.0	6:19	5:53	
9	Mon	2:10	4.5	2:33	4.3	8:51	-0.8	9:08	-0.9	6:18	5:55	
10	Tue	2:57	4.4	3:23	4.0	9:38	-0.7	9:50	-0.6	6:16	5:56	
11	Wed	3:46	4.2	4:15	3.7	10:25	-0.4	10:32	-0.3	6:14	5:57	
12	Thu	4:36	4.0	5:09	3.4	11:15	-0.1	11:17	0.1	6:13	5:58	
13	Fri	5:27	3.8	6:03	3.2			12:12	0.3	6:11	5:59	
14	Sat	6:19	3.5	6:58	2.9	12:09	0.5	1:17	0.5	6:09	6:00	
15	Sun	7:13	3.3	7:55	2.8	1:13	0.8	2:24	0.6	6:07	6:01	
16	Mon	8:13	3.2	8:57	2.8	2:21	0.9	3:24	0.6	6:06	6:03	
17	Tue	9:19	3.2	9:59	2.9	3:23	0.9	4:17	0.5	6:04	6:04	
18	Wed	10:20	3.3	10:52	3.1	4:17	0.7	5:02	0.4	6:02	6:05	
19	Thu	11:09	3.4	11:36	3.4	5:06	0.5	5:44	0.2	6:01	6:06	
20	Fri	11:50	3.6			5:51	0.3	6:23	0.1	5:59	6:07	
21	Sat	12:14	3.6	12:26	3.7	6:34	0.2	7:01	0.0	5:57	6:08	
22	Sun	12:49	3.8	12:59	3.7	7:15	0.0	7:37	-0.1	5:55	6:09	
23	Mon	1:21	3.9	1:30	3.7	7:55	-0.1	8:11	-0.1	5:54	6:10	
24	Tue	1:50	4.0	2:00	3.6	8:33	-0.1	8:43	-0.1	5:52	6:12	
25	Wed	2:18	4.0	2:32	3.5	9:10	-0.1	9:13	0.0	5:50	6:13	
26	Thu	2:48	4.0	3:09	3.4	9:47	-0.1	9:43	0.1	5:49	6:14	
27	Fri	3:26	4.0	3:54	3.2	10:27	0.1	10:17	0.3	5:47	6:15	
28	Sat	4:14	3.9	4:50	3.1	11:15	0.2	11:00	0.4	5:45	6:16	
29	Sun	5:13	3.9	5:55	3.0			12:21	0.4	5:43	6:17	
30	Mon	6:19	3.8	7:03	3.1	12:05	0.6	1:39	0.5	5:42	6:18	
31	Tue	7:28	3.8	8:14	3.2	1:41	0.6	2:49	0.3	5:40	6:19	