

Kingston, NY - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:20	4.3	1:51	3.6	8:11	0.3	8:04	0.6	5:49	8:15	
2	Sun	1:59	4.3	2:32	3.7	8:52	0.2	8:47	0.6	5:50	8:13	
3	Mon	2:36	4.2	3:12	3.7	9:30	0.2	9:28	0.6	5:51	8:12	
4	Tue	3:12	4.1	3:52	3.8	10:05	0.2	10:06	0.6	5:52	8:11	
5	Wed	3:46	4.0	4:31	3.8	10:37	0.3	10:42	0.7	5:53	8:10	
6	Thu	4:18	3.8	5:08	3.8	11:06	0.4	11:16	0.8	5:54	8:09	
7	Fri	4:51	3.7	5:44	3.8	11:33	0.5	11:52	0.9	5:55	8:07	
8	Sat	5:28	3.5	6:19	3.8	11:58	0.6			5:56	8:06	
9	Sun	6:11	3.4	6:58	3.9	12:36	1.1	12:31	0.8	5:57	8:05	
10	Mon	7:01	3.2	7:42	3.9	1:38	1.1	1:17	0.9	5:58	8:04	
11	Tue	7:56	3.2	8:35	4.0	2:55	1.1	2:27	0.9	5:59	8:02	
12	Wed	9:01	3.1	9:40	4.2	4:05	0.9	3:48	0.9	6:00	8:01	
13	Thu	10:18	3.2	10:52	4.4	5:07	0.7	4:57	0.7	6:01	7:59	
14	Fri	11:31	3.5	11:56	4.7	6:02	0.4	5:59	0.4	6:02	7:58	
15	Sat			12:30	3.8	6:55	0.1	6:57	0.2	6:03	7:57	
16	Sun	12:51	4.9	1:23	4.1	7:46	-0.2	7:54	-0.1	6:04	7:55	
17	Mon	1:42	5.0	2:13	4.4	8:36	-0.5	8:49	-0.2	6:05	7:54	
18	Tue	2:33	5.0	3:05	4.6	9:24	-0.6	9:42	-0.3	6:06	7:52	
19	Wed	3:24	4.9	3:57	4.7	10:09	-0.6	10:33	-0.2	6:07	7:51	
20	Thu	4:17	4.7	4:51	4.7	10:54	-0.5	11:25	0.0	6:08	7:49	
21	Fri	5:12	4.4	5:47	4.6	11:40	-0.2			6:09	7:48	
22	Sat	6:10	4.1	6:42	4.5	12:20	0.3	12:29	0.1	6:10	7:46	
23	Sun	7:06	3.8	7:35	4.3	1:21	0.5	1:25	0.5	6:12	7:45	
24	Mon	8:03	3.6	8:29	4.1	2:28	0.7	2:27	0.7	6:13	7:43	
25	Tue	9:01	3.4	9:27	4.0	3:34	0.8	3:30	0.9	6:14	7:41	
26	Wed	10:03	3.3	10:29	3.9	4:34	0.8	4:29	1.0	6:15	7:40	
27	Thu	11:06	3.3	11:28	4.0	5:28	0.7	5:23	0.9	6:16	7:38	
28	Fri			12:00	3.5	6:16	0.6	6:11	0.8	6:17	7:37	
29	Sat	12:17	4.1	12:45	3.7	6:59	0.5	6:57	0.7	6:18	7:35	
30	Sun	12:58	4.2	1:26	3.8	7:40	0.4	7:41	0.6	6:19	7:33	
31	Mon	1:35	4.2	2:03	4.0	8:19	0.3	8:23	0.6	6:20	7:32	