

Kingston, NY - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:59	4.1	3:42	3.5	10:06	0.1	9:57	0.3	5:51	7:54	
2	Sun	3:27	4.1	4:21	3.4	10:42	0.1	10:30	0.5	5:50	7:55	
3	Mon	3:58	4.0	5:03	3.3	11:19	0.2	11:03	0.6	5:48	7:56	
4	Tue	4:37	3.9	5:51	3.3	11:57	0.3	11:42	0.7	5:47	7:57	
5	Wed	5:27	3.9	6:41	3.3			12:44	0.4	5:46	7:58	
6	Thu	6:25	3.8	7:33	3.5	12:34	0.8	1:45	0.5	5:44	7:59	
7	Fri	7:26	3.8	8:27	3.6	1:49	0.8	2:50	0.4	5:43	8:01	
8	Sat	8:29	3.8	9:26	3.9	3:09	0.7	3:50	0.3	5:42	8:02	
9	Sun	9:36	3.8	10:28	4.2	4:18	0.4	4:46	0.0	5:41	8:03	
10	Mon	10:47	3.9	11:28	4.5	5:19	0.1	5:40	-0.2	5:40	8:04	
11	Tue	11:51	4.0			6:16	-0.2	6:32	-0.4	5:39	8:05	
12	Wed	12:22	4.8	12:47	4.2	7:11	-0.5	7:24	-0.5	5:38	8:06	
13	Thu	1:13	5.1	1:40	4.3	8:05	-0.7	8:17	-0.5	5:37	8:07	
14	Fri	2:03	5.1	2:33	4.2	8:58	-0.8	9:09	-0.5	5:36	8:08	
15	Sat	2:54	5.0	3:29	4.2	9:49	-0.7	9:59	-0.3	5:35	8:09	
16	Sun	3:47	4.9	4:26	4.0	10:39	-0.6	10:49	-0.1	5:34	8:10	
17	Mon	4:43	4.6	5:26	3.9	11:28	-0.4	11:40	0.2	5:33	8:11	
18	Tue	5:41	4.3	6:24	3.8			12:20	-0.1	5:32	8:12	
19	Wed	6:37	4.1	7:19	3.7	12:36	0.5	1:15	0.1	5:31	8:13	
20	Thu	7:30	3.9	8:10	3.7	1:37	0.7	2:12	0.3	5:30	8:14	
21	Fri	8:22	3.7	9:00	3.7	2:41	0.9	3:07	0.4	5:29	8:15	
22	Sat	9:14	3.5	9:51	3.7	3:41	0.9	3:58	0.5	5:28	8:16	
23	Sun	10:09	3.4	10:43	3.8	4:36	0.8	4:45	0.5	5:28	8:17	
24	Mon	11:04	3.4	11:31	3.9	5:25	0.7	5:29	0.5	5:27	8:18	
25	Tue	11:54	3.4			6:12	0.5	6:10	0.4	5:26	8:18	
26	Wed	12:15	4.1	12:39	3.5	6:56	0.4	6:52	0.4	5:26	8:19	
27	Thu	12:53	4.2	1:20	3.5	7:40	0.3	7:33	0.4	5:25	8:20	
28	Fri	1:28	4.3	2:00	3.6	8:23	0.1	8:14	0.4	5:24	8:21	
29	Sat	2:01	4.3	2:39	3.6	9:04	0.1	8:55	0.4	5:24	8:22	
30	Sun	2:31	4.3	3:18	3.5	9:45	0.0	9:34	0.4	5:23	8:23	
31	Mon	3:03	4.3	3:59	3.5	10:23	0.0	10:12	0.4	5:23	8:23	