

Kingston, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:10	4.3	5:09	3.9	11:21	-0.1	11:25	0.3	5:24	8:35	
2	Fri	5:02	4.2	6:02	4.0			12:04	0.0	5:25	8:34	
3	Sat	5:59	4.1	6:56	4.1	12:19	0.4	12:53	0.0	5:25	8:34	
4	Sun	6:58	4.0	7:49	4.3	1:23	0.5	1:51	0.1	5:26	8:34	
5	Mon	7:57	3.8	8:44	4.4	2:34	0.5	2:54	0.1	5:26	8:34	
6	Tue	8:58	3.7	9:44	4.5	3:42	0.4	3:55	0.1	5:27	8:33	
7	Wed	10:07	3.7	10:48	4.6	4:45	0.3	4:55	0.1	5:28	8:33	
8	Thu	11:16	3.7	11:48	4.7	5:43	0.1	5:51	0.0	5:28	8:33	
9	Fri			12:18	3.9	6:38	-0.1	6:46	-0.1	5:29	8:32	
10	Sat	12:42	4.8	1:12	4.0	7:31	-0.3	7:40	-0.1	5:30	8:32	
11	Sun	1:32	4.9	2:04	4.1	8:23	-0.4	8:32	0.0	5:30	8:31	
12	Mon	2:20	4.8	2:54	4.1	9:11	-0.4	9:22	0.0	5:31	8:31	
13	Tue	3:08	4.7	3:43	4.0	9:56	-0.4	10:08	0.2	5:32	8:30	
14	Wed	3:56	4.5	4:33	4.0	10:39	-0.2	10:53	0.3	5:33	8:30	
15	Thu	4:44	4.3	5:23	3.9	11:20	0.0	11:38	0.6	5:34	8:29	
16	Fri	5:33	4.0	6:12	3.9			12:01	0.2	5:34	8:28	
17	Sat	6:22	3.8	6:58	3.8	12:25	0.8	12:43	0.4	5:35	8:28	
18	Sun	7:09	3.6	7:41	3.8	1:19	1.0	1:28	0.6	5:36	8:27	
19	Mon	7:55	3.4	8:25	3.7	2:18	1.1	2:18	0.8	5:37	8:26	
20	Tue	8:43	3.2	9:11	3.7	3:18	1.1	3:11	0.9	5:38	8:26	
21	Wed	9:36	3.2	10:02	3.8	4:14	1.0	4:03	0.9	5:39	8:25	
22	Thu	10:35	3.2	10:55	3.9	5:05	0.9	4:54	0.8	5:40	8:24	
23	Fri	11:31	3.3	11:45	4.1	5:53	0.7	5:42	0.7	5:41	8:23	
24	Sat			12:20	3.4	6:39	0.5	6:29	0.6	5:42	8:22	
25	Sun	12:28	4.3	1:04	3.6	7:25	0.3	7:17	0.4	5:43	8:21	
26	Mon	1:07	4.4	1:44	3.8	8:09	0.1	8:05	0.3	5:43	8:20	
27	Tue	1:45	4.6	2:25	4.0	8:53	-0.1	8:52	0.1	5:44	8:19	
28	Wed	2:25	4.6	3:07	4.1	9:35	-0.2	9:39	0.0	5:45	8:18	
29	Thu	3:08	4.6	3:53	4.2	10:16	-0.3	10:25	0.0	5:46	8:17	
30	Fri	3:56	4.5	4:44	4.3	10:57	-0.3	11:14	0.1	5:47	8:16	
31	Sat	4:49	4.3	5:39	4.4	11:41	-0.2			5:48	8:15	