

Kingston, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:47	4.2	6:35	4.4	12:07	0.2	12:30	0.0	5:49	8:14	
2	Mon	6:47	4.0	7:31	4.5	1:09	0.4	1:28	0.1	5:50	8:13	
3	Tue	7:47	3.8	8:28	4.5	2:18	0.5	2:33	0.2	5:51	8:12	
4	Wed	8:49	3.7	9:29	4.4	3:26	0.5	3:39	0.3	5:52	8:10	
5	Thu	9:57	3.7	10:34	4.5	4:29	0.4	4:40	0.3	5:53	8:09	
6	Fri	11:05	3.7	11:35	4.5	5:28	0.2	5:38	0.2	5:54	8:08	
7	Sat			12:06	3.9	6:21	0.1	6:32	0.2	5:55	8:07	
8	Sun	12:29	4.6	12:58	4.0	7:12	-0.1	7:24	0.1	5:57	8:05	
9	Mon	1:17	4.7	1:46	4.1	8:01	-0.2	8:14	0.1	5:58	8:04	
10	Tue	2:02	4.7	2:31	4.2	8:47	-0.2	9:01	0.2	5:59	8:03	
11	Wed	2:45	4.6	3:15	4.2	9:29	-0.2	9:45	0.2	6:00	8:01	
12	Thu	3:28	4.4	3:58	4.1	10:09	-0.1	10:27	0.4	6:01	8:00	
13	Fri	4:12	4.2	4:42	4.0	10:46	0.1	11:08	0.5	6:02	7:59	
14	Sat	4:57	4.0	5:27	4.0	11:21	0.3	11:49	0.8	6:03	7:57	
15	Sun	5:43	3.7	6:12	3.9	11:55	0.5			6:04	7:56	
16	Mon	6:30	3.5	6:55	3.8	12:35	1.0	12:32	0.8	6:05	7:54	
17	Tue	7:17	3.4	7:37	3.7	1:29	1.1	1:15	0.9	6:06	7:53	
18	Wed	8:04	3.2	8:21	3.7	2:32	1.2	2:14	1.1	6:07	7:51	
19	Thu	8:55	3.2	9:09	3.8	3:33	1.2	3:18	1.1	6:08	7:50	
20	Fri	9:53	3.2	10:07	3.9	4:29	1.0	4:17	1.0	6:09	7:48	
21	Sat	10:54	3.3	11:05	4.0	5:20	0.8	5:11	0.8	6:10	7:47	
22	Sun	11:47	3.6	11:55	4.3	6:07	0.6	6:02	0.6	6:11	7:45	
23	Mon			12:32	3.8	6:52	0.3	6:52	0.4	6:12	7:44	
24	Tue	12:40	4.5	1:14	4.1	7:37	0.0	7:41	0.1	6:13	7:42	
25	Wed	1:22	4.7	1:56	4.4	8:22	-0.2	8:32	-0.1	6:14	7:41	
26	Thu	2:05	4.8	2:40	4.6	9:06	-0.3	9:21	-0.2	6:15	7:39	
27	Fri	2:51	4.7	3:27	4.7	9:50	-0.4	10:10	-0.2	6:16	7:37	
28	Sat	3:40	4.6	4:18	4.8	10:33	-0.4	10:59	-0.1	6:17	7:36	
29	Sun	4:35	4.4	5:15	4.7	11:19	-0.2	11:53	0.1	6:18	7:34	
30	Mon	5:35	4.2	6:15	4.7			12:09	0.0	6:19	7:32	
31	Tue	6:38	4.0	7:14	4.6	12:53	0.3	1:09	0.2	6:20	7:31	