

Kingston, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:08	3.8	9:27	3.8	3:18	0.4	3:46	0.6	6:28	4:50	
2	Tue	10:02	3.9	10:21	3.8	4:07	0.3	4:36	0.5	6:30	4:48	
3	Wed	10:50	4.0	11:09	3.8	4:51	0.3	5:23	0.4	6:31	4:47	
4	Thu	11:32	4.2	11:51	3.8	5:32	0.2	6:07	0.3	6:32	4:46	
5	Fri			12:10	4.3	6:12	0.2	6:50	0.2	6:33	4:45	
6	Sat	12:30	3.8	12:45	4.3	6:51	0.2	7:32	0.2	6:35	4:44	
7	Sun	1:08	3.8	1:18	4.3	7:29	0.2	8:12	0.2	6:36	4:43	
8	Mon	1:46	3.7	1:49	4.2	8:07	0.3	8:51	0.2	6:37	4:41	
9	Tue	2:24	3.6	2:18	4.1	8:42	0.4	9:28	0.3	6:38	4:40	
10	Wed	3:03	3.4	2:47	4.0	9:16	0.5	10:05	0.4	6:39	4:39	
11	Thu	3:45	3.3	3:22	3.9	9:48	0.6	10:42	0.5	6:41	4:38	
12	Fri	4:32	3.2	4:06	3.8	10:23	0.7	11:25	0.6	6:42	4:37	
13	Sat	5:23	3.2	5:01	3.8	11:07	0.8			6:43	4:36	
14	Sun	6:13	3.3	6:01	3.7	12:19	0.6	12:11	0.9	6:44	4:36	
15	Mon	7:04	3.5	7:00	3.7	1:23	0.6	1:35	0.8	6:46	4:35	
16	Tue	7:58	3.7	8:04	3.7	2:24	0.4	2:47	0.6	6:47	4:34	
17	Wed	8:58	4.0	9:12	3.8	3:20	0.2	3:50	0.3	6:48	4:33	
18	Thu	9:58	4.3	10:18	4.0	4:13	-0.1	4:47	0.0	6:49	4:32	
19	Fri	10:54	4.7	11:16	4.1	5:04	-0.3	5:42	-0.3	6:50	4:31	
20	Sat	11:45	5.0			5:55	-0.5	6:36	-0.6	6:52	4:31	
21	Sun	12:09	4.2	12:35	5.1	6:47	-0.6	7:30	-0.7	6:53	4:30	
22	Mon	1:01	4.3	1:26	5.1	7:40	-0.6	8:22	-0.8	6:54	4:29	
23	Tue	1:55	4.2	2:19	5.0	8:32	-0.6	9:13	-0.7	6:55	4:29	
24	Wed	2:52	4.1	3:14	4.7	9:23	-0.4	10:03	-0.6	6:56	4:28	
25	Thu	3:52	3.9	4:13	4.5	10:14	-0.1	10:54	-0.4	6:57	4:28	
26	Fri	4:54	3.8	5:12	4.2	11:09	0.2	11:49	-0.1	6:59	4:27	
27	Sat	5:52	3.7	6:09	3.9			12:09	0.4	7:00	4:27	
28	Sun	6:47	3.6	7:02	3.7	12:48	0.1	1:15	0.6	7:01	4:26	
29	Mon	7:40	3.6	7:55	3.5	1:46	0.3	2:18	0.7	7:02	4:26	
30	Tue	8:32	3.6	8:50	3.4	2:40	0.3	3:16	0.6	7:03	4:26	