

Kingston, NY - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:32	3.8	5:57	3.3			12:23	0.1	6:30	5:45	
2	Thu	6:32	3.8	7:01	3.2	12:35	0.1	1:39	0.2	6:29	5:46	
3	Fri	7:37	3.8	8:10	3.2	1:54	0.2	2:50	0.1	6:27	5:48	
4	Sat	8:48	3.8	9:25	3.4	3:06	0.1	3:54	-0.1	6:26	5:49	
5	Sun	10:00	4.0	10:34	3.6	4:10	-0.1	4:51	-0.4	6:24	5:50	
6	Mon	11:02	4.2	11:32	3.9	5:09	-0.4	5:45	-0.6	6:22	5:51	
7	Tue	11:56	4.4			6:04	-0.6	6:36	-0.8	6:21	5:52	
8	Wed	12:22	4.1	12:45	4.4	6:57	-0.7	7:24	-0.9	6:19	5:53	
9	Thu	1:10	4.3	1:32	4.4	7:47	-0.8	8:11	-0.9	6:17	5:55	
10	Fri	1:56	4.3	2:18	4.3	8:35	-0.8	8:54	-0.8	6:16	5:56	
11	Sat	2:41	4.2	3:05	4.1	9:20	-0.6	9:35	-0.6	6:14	5:57	
12	Sun	3:27	4.1	3:54	3.8	10:04	-0.4	10:15	-0.3	6:12	5:58	
13	Mon	4:14	3.9	4:44	3.6	10:48	-0.1	10:56	0.1	6:11	5:59	
14	Tue	5:02	3.7	5:34	3.3	11:37	0.2	11:39	0.4	6:09	6:00	
15	Wed	5:50	3.5	6:24	3.1			12:32	0.5	6:07	6:02	
16	Thu	6:38	3.3	7:15	3.0	12:31	0.6	1:34	0.6	6:06	6:03	
17	Fri	7:28	3.2	8:10	2.9	1:34	0.8	2:35	0.7	6:04	6:04	
18	Sat	8:25	3.2	9:09	3.0	2:37	0.8	3:30	0.6	6:02	6:05	
19	Sun	9:26	3.2	10:07	3.1	3:34	0.7	4:20	0.5	6:00	6:06	
20	Mon	10:24	3.3	10:57	3.3	4:26	0.6	5:05	0.3	5:59	6:07	
21	Tue	11:11	3.5	11:39	3.6	5:13	0.3	5:48	0.1	5:57	6:08	
22	Wed	11:51	3.7			5:58	0.1	6:29	-0.1	5:55	6:09	
23	Thu	12:16	3.8	12:27	3.9	6:43	-0.1	7:10	-0.2	5:54	6:11	
24	Fri	12:51	4.0	1:02	4.0	7:27	-0.3	7:50	-0.3	5:52	6:12	
25	Sat	1:25	4.1	1:38	4.0	8:10	-0.4	8:28	-0.4	5:50	6:13	
26	Sun	2:00	4.2	2:17	3.9	8:52	-0.5	9:06	-0.4	5:48	6:14	
27	Mon	2:39	4.3	3:01	3.8	9:35	-0.5	9:45	-0.3	5:47	6:15	
28	Tue	3:25	4.3	3:53	3.7	10:20	-0.3	10:28	-0.1	5:45	6:16	
29	Wed	4:19	4.2	4:53	3.6	11:11	-0.2	11:19	0.0	5:43	6:17	
30	Thu	5:19	4.1	5:56	3.5			12:13	0.0	5:42	6:18	
31	Fri	6:22	4.0	7:00	3.5	12:26	0.2	1:24	0.1	5:40	6:19	