

Kingston, NY - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:25	3.5	11:50	4.2	5:47	0.4	5:47	0.4	5:24	8:35	
2	Sun			12:16	3.6	6:35	0.3	6:32	0.4	5:24	8:35	
3	Mon	12:35	4.3	1:02	3.6	7:21	0.2	7:16	0.4	5:25	8:34	
4	Tue	1:16	4.3	1:45	3.6	8:06	0.2	8:00	0.4	5:25	8:34	
5	Wed	1:54	4.3	2:27	3.7	8:48	0.1	8:43	0.4	5:26	8:34	
6	Thu	2:31	4.3	3:09	3.7	9:29	0.1	9:24	0.5	5:27	8:34	
7	Fri	3:07	4.2	3:52	3.6	10:06	0.1	10:02	0.5	5:27	8:33	
8	Sat	3:41	4.1	4:35	3.6	10:42	0.2	10:38	0.6	5:28	8:33	
9	Sun	4:14	3.9	5:17	3.6	11:16	0.3	11:14	0.7	5:29	8:33	
10	Mon	4:49	3.8	5:58	3.6	11:50	0.4	11:51	0.8	5:29	8:32	
11	Tue	5:29	3.7	6:37	3.6			12:24	0.5	5:30	8:32	
12	Wed	6:15	3.6	7:16	3.8	12:37	0.9	1:04	0.5	5:31	8:31	
13	Thu	7:06	3.6	7:59	3.9	1:40	1.0	1:58	0.6	5:32	8:31	
14	Fri	8:00	3.5	8:49	4.1	2:53	0.9	3:01	0.5	5:32	8:30	
15	Sat	9:01	3.5	9:49	4.3	4:00	0.7	4:04	0.4	5:33	8:29	
16	Sun	10:11	3.6	10:53	4.5	5:01	0.4	5:04	0.2	5:34	8:29	
17	Mon	11:22	3.7	11:54	4.8	5:58	0.1	6:02	0.0	5:35	8:28	
18	Tue			12:24	4.0	6:53	-0.2	6:59	-0.1	5:36	8:27	
19	Wed	12:49	5.0	1:20	4.2	7:47	-0.4	7:56	-0.3	5:37	8:27	
20	Thu	1:42	5.2	2:15	4.3	8:40	-0.6	8:51	-0.4	5:37	8:26	
21	Fri	2:35	5.2	3:10	4.4	9:31	-0.8	9:45	-0.4	5:38	8:25	
22	Sat	3:30	5.0	4:08	4.5	10:20	-0.8	10:37	-0.3	5:39	8:24	
23	Sun	4:26	4.8	5:06	4.4	11:08	-0.6	11:30	-0.1	5:40	8:24	
24	Mon	5:24	4.6	6:03	4.4	11:58	-0.4			5:41	8:23	
25	Tue	6:20	4.3	6:58	4.3	12:26	0.2	12:49	-0.1	5:42	8:22	
26	Wed	7:15	4.1	7:50	4.2	1:26	0.4	1:45	0.2	5:43	8:21	
27	Thu	8:07	3.8	8:40	4.1	2:30	0.6	2:42	0.4	5:44	8:20	
28	Fri	9:01	3.6	9:33	4.0	3:32	0.7	3:37	0.5	5:45	8:19	
29	Sat	9:58	3.4	10:28	4.0	4:29	0.7	4:30	0.6	5:46	8:18	
30	Sun	10:56	3.4	11:22	4.1	5:21	0.6	5:19	0.6	5:47	8:17	
31	Mon	11:50	3.5			6:09	0.5	6:05	0.6	5:48	8:16	