

Kingston, NY - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:06	4.4	3:32	4.3	9:44	-0.9	10:04	-0.9	6:31	5:45	
2	Fri	4:00	4.2	4:27	4.0	10:34	-0.6	10:51	-0.6	6:29	5:46	
3	Sat	4:54	4.0	5:22	3.7	11:27	-0.3	11:41	-0.2	6:28	5:47	
4	Sun	5:47	3.8	6:16	3.5			12:26	0.0	6:26	5:48	
5	Mon	6:40	3.6	7:10	3.2	12:38	0.2	1:30	0.3	6:24	5:50	
6	Tue	7:33	3.4	8:06	3.1	1:39	0.4	2:33	0.4	6:23	5:51	
7	Wed	8:30	3.3	9:06	3.0	2:40	0.5	3:31	0.4	6:21	5:52	
8	Thu	9:32	3.3	10:06	3.1	3:36	0.5	4:23	0.3	6:19	5:53	
9	Fri	10:29	3.4	10:58	3.2	4:28	0.4	5:10	0.2	6:18	5:54	
10	Sat	11:18	3.5	11:43	3.4	5:15	0.3	5:53	0.1	6:16	5:56	
11	Sun			12:00	3.7	6:00	0.1	6:35	0.0	6:14	5:57	
12	Mon	12:23	3.6	12:37	3.8	6:43	0.0	7:15	-0.2	6:13	5:58	
13	Tue	1:00	3.7	1:12	3.8	7:25	-0.1	7:52	-0.2	6:11	5:59	
14	Wed	1:35	3.8	1:44	3.8	8:05	-0.2	8:28	-0.2	6:09	6:00	
15	Thu	2:07	3.8	2:15	3.7	8:43	-0.2	9:01	-0.2	6:08	6:01	
16	Fri	2:37	3.8	2:45	3.6	9:19	-0.2	9:32	-0.1	6:06	6:02	
17	Sat	3:07	3.8	3:19	3.5	9:54	-0.1	10:01	0.0	6:04	6:04	
18	Sun	3:42	3.8	4:01	3.4	10:31	0.0	10:33	0.1	6:03	6:05	
19	Mon	4:27	3.8	4:53	3.3	11:16	0.2	11:15	0.3	6:01	6:06	
20	Tue	5:20	3.8	5:52	3.2			12:17	0.3	5:59	6:07	
21	Wed	6:20	3.8	6:55	3.2	12:16	0.4	1:34	0.3	5:57	6:08	
22	Thu	7:25	3.8	8:04	3.3	1:45	0.4	2:46	0.2	5:56	6:09	
23	Fri	8:37	3.8	9:19	3.5	3:02	0.3	3:49	0.0	5:54	6:10	
24	Sat	9:51	4.0	10:28	3.8	4:08	0.0	4:46	-0.3	5:52	6:11	
25	Sun	10:55	4.2	11:25	4.1	5:07	-0.3	5:39	-0.6	5:51	6:12	
26	Mon	11:50	4.4			6:02	-0.6	6:30	-0.8	5:49	6:14	
27	Tue	12:16	4.4	12:41	4.6	6:56	-0.8	7:20	-0.9	5:47	6:15	
28	Wed	1:05	4.6	1:30	4.5	7:48	-0.9	8:08	-0.9	5:45	6:16	
29	Thu	1:52	4.7	2:19	4.4	8:38	-0.9	8:54	-0.8	5:44	6:17	
30	Fri	2:40	4.6	3:10	4.2	9:25	-0.7	9:38	-0.6	5:42	6:18	
31	Sat	3:30	4.4	4:03	4.0	10:12	-0.5	10:22	-0.2	5:40	6:19	