

Kingston, NY - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:59	3.6	1:14	3.9	7:23	-0.2	7:55	-0.3	6:30	5:46	
2	Sun	1:38	3.7	1:50	3.8	8:03	-0.2	8:32	-0.3	6:28	5:47	
3	Mon	2:15	3.7	2:25	3.7	8:42	-0.2	9:06	-0.2	6:26	5:48	
4	Tue	2:51	3.7	2:59	3.6	9:18	-0.1	9:38	-0.1	6:25	5:49	
5	Wed	3:26	3.6	3:32	3.4	9:52	0.0	10:06	0.0	6:23	5:51	
6	Thu	4:00	3.5	4:05	3.2	10:25	0.2	10:32	0.2	6:22	5:52	
7	Fri	4:33	3.4	4:42	3.1	10:59	0.3	10:59	0.4	6:20	5:53	
8	Sat	5:10	3.4	5:27	3.0	11:43	0.5	11:37	0.5	6:18	5:54	
9	Sun	5:54	3.4	6:19	2.9			12:50	0.6	6:17	5:55	
10	Mon	6:46	3.4	7:18	2.9	12:38	0.6	2:09	0.6	6:15	5:56	
11	Tue	7:48	3.5	8:27	3.0	2:10	0.6	3:17	0.4	6:13	5:58	
12	Wed	9:01	3.7	9:43	3.2	3:25	0.4	4:15	0.1	6:12	5:59	
13	Thu	10:12	3.9	10:46	3.6	4:27	0.1	5:09	-0.2	6:10	6:00	
14	Fri	11:12	4.2	11:40	3.9	5:23	-0.2	6:00	-0.5	6:08	6:01	
15	Sat			12:04	4.5	6:18	-0.6	6:50	-0.8	6:06	6:02	
16	Sun	12:29	4.3	12:54	4.6	7:12	-0.8	7:39	-1.0	6:05	6:03	
17	Mon	1:18	4.5	1:44	4.6	8:04	-1.0	8:27	-1.1	6:03	6:04	
18	Tue	2:07	4.6	2:35	4.5	8:55	-1.0	9:14	-1.0	6:01	6:05	
19	Wed	2:59	4.6	3:30	4.3	9:45	-0.9	10:00	-0.8	6:00	6:07	
20	Thu	3:54	4.5	4:27	4.1	10:36	-0.6	10:49	-0.5	5:58	6:08	
21	Fri	4:51	4.3	5:26	3.8	11:31	-0.3	11:43	-0.1	5:56	6:09	
22	Sat	5:48	4.0	6:23	3.6			12:33	0.0	5:54	6:10	
23	Sun	6:44	3.8	7:21	3.4	12:44	0.2	1:40	0.2	5:53	6:11	
24	Mon	7:42	3.6	8:20	3.3	1:50	0.4	2:44	0.3	5:51	6:12	
25	Tue	8:43	3.5	9:22	3.3	2:54	0.5	3:42	0.3	5:49	6:13	
26	Wed	9:46	3.5	10:20	3.4	3:52	0.5	4:33	0.2	5:48	6:14	
27	Thu	10:42	3.5	11:10	3.5	4:43	0.4	5:20	0.1	5:46	6:16	
28	Fri	11:29	3.7	11:53	3.7	5:31	0.3	6:02	0.0	5:44	6:17	
29	Sat			12:10	3.8	6:15	0.1	6:43	0.0	5:42	6:18	
30	Sun	12:32	3.9	12:48	3.8	6:58	0.0	7:22	-0.1	5:41	6:19	
31	Mon	1:09	4.0	1:23	3.8	7:39	-0.1	7:59	-0.1	5:39	6:20	