

































## Kingston, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:58	3.3	9:35	3.9	3:31	0.9	3:40	0.7	5:24	8:35	
2	Mon	9:52	3.1	10:26	3.9	4:27	0.9	4:28	0.8	5:24	8:35	
3	Tue	10:51	3.1	11:18	4.0	5:18	0.8	5:14	0.8	5:25	8:34	
4	Wed	11:46	3.1			6:05	0.7	5:58	0.8	5:25	8:34	
5	Thu	12:05	4.1	12:34	3.2	6:51	0.5	6:43	0.7	5:26	8:34	
6	Fri	12:47	4.2	1:18	3.3	7:36	0.4	7:28	0.7	5:27	8:34	
7	Sat	1:26	4.3	1:59	3.4	8:19	0.3	8:12	0.6	5:27	8:33	
8	Sun	2:03	4.3	2:38	3.4	9:01	0.2	8:56	0.6	5:28	8:33	
9	Mon	2:38	4.3	3:16	3.5	9:40	0.1	9:37	0.6	5:29	8:32	
10	Tue	3:13	4.3	3:54	3.6	10:17	0.0	10:16	0.5	5:29	8:32	
11	Wed	3:51	4.2	4:35	3.6	10:53	0.0	10:56	0.6	5:30	8:32	
12	Thu	4:33	4.1	5:19	3.8	11:28	0.1	11:39	0.6	5:31	8:31	
13	Fri	5:21	4.0	6:06	3.9			12:06	0.1	5:32	8:31	
14	Sat	6:14	3.9	6:55	4.1	12:32	0.7	12:50	0.2	5:33	8:30	
15	Sun	7:09	3.7	7:47	4.2	1:39	0.8	1:45	0.3	5:33	8:29	
16	Mon	8:07	3.6	8:42	4.3	2:53	0.7	2:49	0.3	5:34	8:29	
17	Tue	9:11	3.5	9:46	4.4	4:02	0.6	3:55	0.3	5:35	8:28	
18	Wed	10:23	3.5	10:55	4.5	5:05	0.4	4:58	0.2	5:36	8:27	
19	Thu	11:34	3.6	11:59	4.7	6:04	0.2	5:59	0.1	5:37	8:27	
20	Fri			12:36	3.8	6:59	0.0	6:57	0.0	5:38	8:26	
21	Sat	12:55	4.8	1:31	4.0	7:53	-0.2	7:53	0.0	5:38	8:25	
22	Sun	1:47	4.8	2:24	4.1	8:45	-0.4	8:48	0.0	5:39	8:24	
23	Mon	2:37	4.8	3:15	4.2	9:33	-0.4	9:38	0.0	5:40	8:23	
24	Tue	3:27	4.6	4:07	4.2	10:18	-0.4	10:26	0.1	5:41	8:23	
25	Wed	4:16	4.4	4:58	4.1	11:01	-0.2	11:13	0.3	5:42	8:22	
26	Thu	5:06	4.2	5:48	4.1	11:42	0.0			5:43	8:21	
27	Fri	5:56	3.9	6:36	4.0	12:00	0.6	12:25	0.3	5:44	8:20	
28	Sat	6:45	3.6	7:21	4.0	12:52	0.8	1:09	0.6	5:45	8:19	
29	Sun	7:32	3.4	8:06	3.9	1:49	1.0	1:58	0.8	5:46	8:18	
30	Mon	8:20	3.2	8:52	3.8	2:51	1.1	2:51	1.0	5:47	8:17	
31	Tue	9:12	3.0	9:44	3.8	3:50	1.1	3:45	1.0	5:48	8:16	