

































Kingston, NY - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:28	3.5	5:48	3.1			12:12	0.4	6:30	5:46	
2	Sun	6:21	3.5	6:48	3.0	12:10	0.4	1:33	0.5	6:28	5:47	
3	Mon	7:22	3.6	7:55	3.1	1:35	0.4	2:47	0.3	6:27	5:48	
4	Tue	8:32	3.7	9:11	3.2	2:57	0.3	3:51	0.1	6:25	5:49	
5	Wed	9:47	3.9	10:23	3.5	4:04	0.0	4:48	-0.2	6:23	5:50	
6	Thu	10:52	4.2	11:22	3.9	5:03	-0.3	5:42	-0.6	6:22	5:52	
7	Fri	11:48	4.4			5:59	-0.6	6:33	-0.8	6:20	5:53	
8	Sat	12:15	4.2	12:39	4.6	6:54	-0.9	7:24	-1.0	6:18	5:54	
9	Sun	1:04	4.5	1:29	4.7	7:47	-1.0	8:13	-1.1	6:17	5:55	
10	Mon	1:54	4.6	2:20	4.6	8:38	-1.0	9:00	-1.1	6:15	5:56	
11	Tue	2:45	4.5	3:13	4.4	9:28	-0.9	9:46	-0.9	6:13	5:57	
12	Wed	3:38	4.4	4:08	4.1	10:17	-0.7	10:32	-0.6	6:12	5:59	
13	Thu	4:32	4.2	5:04	3.8	11:09	-0.4	11:22	-0.2	6:10	6:00	
14	Fri	5:27	4.0	6:00	3.6			12:07	0.0	6:08	6:01	
15	Sat	6:21	3.7	6:55	3.3	12:17	0.1	1:10	0.2	6:07	6:02	
16	Sun	7:15	3.5	7:50	3.2	1:19	0.4	2:14	0.4	6:05	6:03	
17	Mon	8:12	3.4	8:49	3.1	2:22	0.6	3:13	0.4	6:03	6:04	
18	Tue	9:13	3.3	9:49	3.2	3:21	0.6	4:07	0.4	6:02	6:05	
19	Wed	10:13	3.4	10:43	3.3	4:14	0.5	4:54	0.3	6:00	6:06	
20	Thu	11:03	3.5	11:29	3.5	5:03	0.4	5:38	0.1	5:58	6:08	
21	Fri	11:47	3.6			5:48	0.2	6:19	0.0	5:56	6:09	
22	Sat	12:10	3.7	12:25	3.7	6:31	0.1	6:59	-0.1	5:55	6:10	
23	Sun	12:47	3.8	1:01	3.8	7:13	-0.1	7:37	-0.1	5:53	6:11	
24	Mon	1:22	3.9	1:34	3.8	7:54	-0.1	8:13	-0.1	5:51	6:12	
25	Tue	1:54	3.9	2:06	3.7	8:32	-0.2	8:47	-0.1	5:49	6:13	
26	Wed	2:24	3.9	2:36	3.6	9:09	-0.1	9:18	0.0	5:48	6:14	
27	Thu	2:53	3.9	3:09	3.5	9:44	-0.1	9:48	0.1	5:46	6:15	
28	Fri	3:25	3.9	3:48	3.4	10:20	0.0	10:19	0.2	5:44	6:17	
29	Sat	4:07	3.8	4:37	3.3	11:01	0.2	10:57	0.4	5:43	6:18	
30	Sun	4:59	3.8	5:35	3.3	11:56	0.3	11:52	0.5	5:41	6:19	
31	Mon	5:58	3.8	6:37	3.3			1:10	0.4	5:39	6:20	